

### “All Change” for the New UVHS School Uniform!

#### Mr Fay writes.....

I promise I won't mention the school's finances in this piece (mainly because I have written an article elsewhere in the Newsletter - I guess by mentioning I'm not mentioning finance I've just mentioned it. One can't win!).

In fact I want to write about language and my love of abstract nouns.

“Is the man mad?” I almost hear you question. Well, as we all know, abstract nouns can't be measured, or cut up or physically felt like potatoes or tables or cars or other persons, places or things. They are the great intangibles such as well being, happiness, kindness and other of the vital foundations of life.



As a Headteacher my favourite abstract noun is “ethos” which comes from the Greek word for spirit. At Ulverston Victoria we are building on the traditional strengths of the school to develop a very positive, thriving spirit. A school

with a positive ethos produces positive results for the students and its parents and all the indicators are there to show how well this universal truth about good schools is developing here.

Your parental surveys tell me how happy you are about your children's progress, happiness and safety in school. The returned surveys show a 100% satisfaction in the leadership and management of the school and I know, like me, you want the school to hold onto traditional truths and values but also to be progressive and prepare its students for the challenges of the early 21st century.

An “Outstanding School” generally has an outstanding ethos which is based around a meticulous attention to detail and an adherence to maintaining its published rules. That is why it is often claimed that a strong ethos finds further strength from a school uniform which reflects the pride that students and parents have in the school.

Indeed I want the ethos of Ulverston Victoria High School to be based upon mutual respect with a shared understanding of where our journey will take us if we all deploy goodwill to make the journey to outstanding flow. It's developing into a fantastic partnership which seems to reflect a collective sense of purpose.

I asserted earlier that you can't measure abstract nouns which is, I guess, true. However there are performance indicators which tell me how our ethos is developing:

- Best examination results over the last two years
- Best value added last year
- The school has achieved its attendance target for the first time ever
- The overwhelming positive opinions of parents and students
- The massive number of applications for Sixth Form places
- The significant improvement in the number of students in Year 7 for September 2010
- The improvement in the students' behaviour
- The number of exciting new initiatives and events that are happening

There is a lot more I could add. The future is an exciting prospect when we continue to make an abstract even more of a reality.



As part of our school improvement, and to foster even more pride in our school, from next September 2010 we will be adopting a new school uniform. The first group that must wear the uniform will be Year 7.

The new uniform will be a compulsory school jumper with a school tie and a white formal short sleeved shirt. Badged white shirts will be available at Identity, the uniform supplier and would be a great addition to the uniform. However the shirt can be obtained from any retail outfit.

The current UVHS polo shirt and sweatshirt can still be worn by other years but they are not items of uniform for our new Year 7 in September.

Although the new uniform will become compulsory, by September 2012, parents are at liberty to purchase it for their children at any time. With the exception of Year 11, all students will be expected to wear the new uniform by September 2012.

Identity only has a very limited number of polo shirts available. Parents who wish to replace a polo shirt may purchase the new school shirt which I am informed is less expensive and there is a special offer - buy 3 shirts get £4.00 off. During this summer term either the polo shirt or the new shirt will be acceptable as part of our uniform.

This change reflects the views of students and parents. It comes after a lengthy discussion period involving 'The Great Uniform Debate', The Parents Advisory Group and a student consultation.

I am confident it is the right thing to do at the right time.

#### Healthy Schools Award

In February half term, Mrs Wren our Catering Manager and her team, together with Mrs Allen, attended a one day training course at Furness College, covering the new school meals Government requirements.

It was a thoroughly enjoyable day, culminating in an exam which we are pleased to report all passed successfully. This will help the school's progress towards achieving the Government's Healthy Schools Award. Our next job is to work with Mrs Wren on menu planning to ensure the food we serve our children is nutritionally compliant. Student Voice will play a role here too by contributing at the planning stage and taste testing some of the exciting recipes we have planned. Watch this space!

## Edge Instead

In early February we pioneered a brand new school review led by its own pupils called Edge Instead. You will no doubt have heard of OFSTED, which is the Government inspection of schools; well Edge Instead trains the pupils themselves to carry out a school-wide professional review including classroom observations, pupil/teacher workshops and a series of questionnaires.

Edge Instead has been developed by the Edge Learner Forum and has already been successfully delivered in London at South Camden Community School and Lewisham College. The idea of Edge Instead is both simple and radical – allowing students to review their own school, developing student workshops and discussions about the positive aspects of their school, things that could be improved, and what both staff and students can do to help.

Mr Cahalin, Assistant Head Teacher, comments; “When I first heard about Edge Instead I thought it was a brilliant idea and that we should develop this work with the Edge Learner Forum and deliver our own school review. The students have been really keen and we have a team of 15 of our students that are have been extensively trained by Edge to

manage the whole process. Teaching staff have also embraced the process and I am sure that it will be a resounding success. The results will be published in a report developed by the pupils and presented to the Senior Management Team of the school.”

The review team was composed of students from years 8, 9 and 12, as well as a team of 12 students from William Howard School in Brampton. The results will be honest, impartial and provide practical suggestions for positive change in the school and to further enhance the already excellent relationships between staff and students.



## Sixth Form Community Development Project : Happy Homes

**Six of our Year 12 Sixth Form students, accompanied by Ms Huntington (pictured middle below), together with some students and a member of staff from Barrow Sixth Form College are travelling to the Tamil Nadu area of southern India this summer to take part in a community development project. The Projects aim is to help alleviate poverty within the village by focusing on education, health and income generation.**

The students will be working alongside a local NGO ‘Acts of Mercy’, on a development project for young widows called ‘Happy Homes’. Most widows’ struggle with self-worth issues after the death of the husband, mainly due to the social stigma forced on them by the family

The widows at Happy Homes will be given activities and training to help them take charge of their lives. This will help the widows to easily find a job or even start a business of their own. This independent status usually also helps them find good life-partners and they eventually re-marry. The Happy Homes is a stepping stone for their future; a spring board to bounce back into a new life. On a two acre plot of land the plan is to build 36 homes to house the widows and their children, along with a

We will be contributing to the project with the construction of a building to house a water treatment centre, which will not only help the community to be self sufficient with a safe water supply but there is also the opportunity to bottle the water and sell to hotels in the nearby town to provide the widows with some income.

The students will work alongside skilled tradesman from the community learning new skills.

The core of the project is the building work that will be undertaken in the village. This is the most tangible contribution that can be made to the host community, and forms a focus for the group. However, there will also be the opportunity to do



and community. Their instinctive adaptability to fight for survival and to take charge of their children is stifled with dogmatic rules by village head men and they slowly fold into lives of debt, forced dependency and obligation.

community centre which will provide training facilities, guest accommodation for trainers, a nursery and a medical centre for the local community. Our photographs show activities from previous years.

some teaching, and get involved in the local village school. Here the students may choose to deliver English, art or sport lessons. They will also experience rural life with the villagers; milking cows, learning traditional song, dance and cooking.

## Year 9 Enrich Their Language Skills!

**25 Year 9 students recently visited Bolton University for a Languages Enrichment Day, accompanied by Mrs Cooper.**

Here Errin Brown tells us about her experience of the day:

I really enjoyed our language day at Bolton University because it was active, everyone was involved and we learnt some very different languages and about their countries' cultures. The best part for me was the multi-cultural market as it was very practical and

creative because of the Venetian masks that we made. The Chinese calligraphy was really interesting to watch and we also got to dress up in Indian



clothes which was good fun. Our lessons in Italian and Urdu were great because we got an idea of their very different cultures, as well as learning to speak and pronounce some useful phrases. In the Italian quiz I found out about the famous cities, such as Pisa and Naples and the traditional food that they eat there, such as tiramisu and pizza Napolitana. When we made the Venetian masks, we also learnt about the annual "Il Carnival" that they hold. During the Urdu lesson I learnt how to say hello-"Assalam-o-alaikum" and the reply-"Walaikum-Assalam" and we also designed a school menu, using words like "Anda"-egg and "Doudle Roti"-bread or toast. By learning these new languages we were able to see the links between them and the languages we are used to learning, like French and German. For example, I noticed that the word order in Urdu is similar to German and some of the body parts we learned in Italian are similar to French; such as "Il piede"-foot and "La mano"-hand. Thank you Bolton University for a great day!

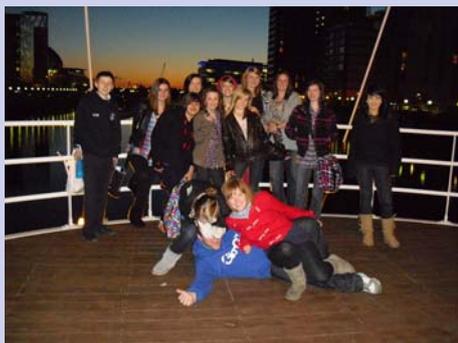
## Budding Author!

Well done to Year 13 student Coral Fleming who is going to have a story that she wrote for a competition published. Not only that, but it will join all of the other books in the British Library!

## Dance at the Lowry

**Our Dance students, accompanied by Mrs Jamieson our Dance teacher, Mrs Robson and Mrs Evans (parents and governors) had a trip recently to the Lowry in Manchester to see Matthew Bourne's Swan Lake.**

This version of Swan Lake is the one with men dancing the parts of the swans and has won numerous awards around the world. We were there on opening night at the Lowry and it was a sell-out. The atmosphere was amazing and at the end of the performance the audience gave a standing ovation that lasted for 10 minutes.



It was a performance that we will remember for a long time.

## The School's Financial Situation

**In the spirit of openness that I have tried to foster since my arrival here I think it is appropriate that I keep parents, students and the community up to date with regards to the school's financial situation.**

Perhaps an understanding of the context is appropriate as 5 years ago the school thought it was in surplus but it was, in fact, approximately £850,000 in the red. The Local Authority gave the school 5 years to repay the deficit but that term was reduced by one year by the then Director of Education. The money had to be repaid from somewhere but the practical result of the repayment, which finished in April 2008, was that the school became impoverished: there was a lack of investment in buildings, maintenance, appropriate staffing etc. The students of the present and the future were penalised for the expenditure in the past.

Before I arrived the school was encouraged to take on extra staffing and create extra teaching groups as a response to Special Measures. Some, but not all that expenditure, was met from a contingency fund by the Local Authority and was, therefore, only available for Special Measures plus one term. We have been unable to meet that level of expenditure since that time as the school's deficit has grown enormously due to falling rolls.

Schools are largely funded on student numbers and, quite simply, many more students have been leaving the school at the end of Year 11 than have been joining in Year 7. Last year, for instance, only 158 students joined but 202 left which causes an imbalance in resources. At the time of writing only Year 9 is economical in the school, meaning that the funding it attracts matches the teachers and groups we have to deploy to teach it. Indeed Year 9 has just achieved that status and until recently all year groups in the 11-16 school were in deficit.

If one thinks of a teaching group of 30 (some are more : some less due to the subject) then parents will understand that running six forms and teaching groups in Year 8 next year is really uneconomical and that, although it will mean larger numbers in each, we will have to reluctantly reduce to five groups.

Equally, as well as managing our recovery from Special Measures, it has become my duty to take a series of other measures to try to make the school more economically viable. I have had to try and restructure both the teaching and non-teaching workforces to fit the school's budget. I have introduced a series of significant economies to assist and I have been involved in negotiations with the Local Authority for it to identify Ulverston Victoria as a special case worthy of exceptional support. The governors are also considering the sale of surplus land and buildings in an attempt to provide extra capital for the rejuvenation of the school site.

The irony is, of course, that apart from its financial state, the school is in fine "fettle". The outcomes for its students at examination levels are better than ever before, parent satisfaction surveys show a real appreciation of the school's improvement and of the quality of the education that your children receive, record numbers want places in our Sixth Form and next year's Year 7 roll is much healthier.

It's not all about money but I just wish..... Mr Fay.

## News About Former Students

Those of you who know Stuart Johnston (Head Boy at UVHS approximately 25 years ago) may be interested to learn that he has recently been appointed as Chief Executive Officer of DBP (Dampier Bunbury Pipeline) following a rigorous international search process. He will be based in Perth, Australia.

## HOST Families

**Would your family enjoy introducing someone from another country to the British way of life?**

There are international students from all over the world at universities in the UK, who would love to spend a weekend sharing your family life. You could have fun introducing them to British food, customs, your local community and area. And you would learn about their countries and culture too.

HOST is a national charity, backed by the Foreign Office, which has been linking students with volunteer hosts for many years. See [www.hostuk.org](http://www.hostuk.org) or call Alan Robson, the voluntary organiser in Cumbria, on 01946 822128.

## Historians Visit the Capital

**A group of 45 Sixth Form History students, accompanied by Ms Lomas, Mr Bryant, Miss Woof and Mr Delay, recently took part in an exciting visit to London.**

**They enjoyed a brilliant few days visiting important sites around the capital.** Students took in the London Eye and enjoyed a spicy meal on Brick Lane on the first day, before a well earned rest by



Wembley Stadium. They then had an incredible tour of the Houses of Parliament where Local MP John Hutton led a question and answer session with the students (and received a

grilling tougher than question time!). In the afternoon students visited the Imperial War Museum before heading to the West End to be wowed by Les Miserables. On the final day students visited and took part in an educational workshop at the Cabinet War Rooms where two students were lucky enough to be allowed to sit in Winston Churchill's Wartime chair! The students were impeccably behaved throughout and fun was had by all!

## Request for Help

**We are looking for a volunteer parent to accompany teaching staff and the Year 10 and 11 students on their trip to Germany from 12th - 17th September 2010. Travel, en-suite accommodation and board would all be provided, but you will be required to be CRB Checked (the school is prepared to cover this cost).**

This is a very successful trip that has been running for a number of years to the Eifel region of Germany, visiting the historic city of Trier and the Bitburg Brewery. No prior knowledge of German is necessary: you will just be required to supervise and participate in activities on the trip.

If you would like any further information, please contact Mrs Cooper in the Languages Department at UVHS on 483900.

## Meet Our New Colleagues

**My name is Miss Kirsty Offer and I'm at UVHS on my second Initial Teacher Training (ITT) Placement. I will be at UVHS until the May half term break, and I am teaching music.**

I am currently completing a PGCE in Secondary Music with the University of Cumbria, and have an undergraduate honours degree in Popular Music and Business Studies from the University of Liverpool. I decided to go into teaching because I'm passionate about music, and want to contribute to the formation of a new musical generation who have not only the ability to make music if they wish but also to appreciate the many different musical styles and genres that exist in our society today.

My first few days at UVHS were very busy, getting to know who everyone was and how to get around school, but I feel like I have settled in quickly and I am really enjoying my teaching practise. Of course it helps having talented and hard-working pupils! My timetable is already full of extra curricular activities and classes with different year groups, and if anyone wants to say hello I'm usually in the creative arts office or the music teaching rooms! I look forward to working with you over the coming weeks.



**My name is Amy Newsham and I am studying to be a Secondary School English Teacher at the 'University of Cumbria.'**

At the moment, I am in my third year at University completing a three year 'BA (Hons) Secondary English with QTS' degree. I am thoroughly enjoying it. I am at UVHS until the end of May, which I am very excited about. My first couple of days at

UVHS were fantastic, as the students are extremely friendly and eager to learn. I have always wanted to teach, as I have a clear enthusiasm and passion for young people and English, which comes across in my teaching.

**I'm Victoria Loton, I am a linguist specialising in French and Italian and I started teaching at UVHS at half-term.**

I will be working here until the end of May. It has been a real pleasure to get to know some of the Vic's pupils over the past couple of weeks and I look forward to meeting many more. I have always wanted to be a teacher: the spark of helping a child to understand, to learn and to love learning is a special privilege and an awesome responsibility at the same time. I hope to share my enthusiasm with my classes whilst I am here.



## Maths News

Our students have again been very successful in the Intermediate Maths Challenge. Max Carruthers in Year 10 and Harry Musker in Year 9 both won a place in the next round while Jack, Felicity, Amelia, Megan (Year 11) and Adam, Henry (Year 10) all won gold awards. Congratulations to the 14 silver and 14 bronze award winners as well. Year 8 and 9 students are currently training for the United Kingdom Mathematics Trust team competition to be run in school at the end of term and 12 students will go forward to represent the school at the regional finals in April.

## Alan Sugar Eat Your Heart Out!

**Our Sixth Form Young Enterprise group, Aspire, represented UVHS at the Valentines Trade Fayre at Kendal on 6th February. They won an award for the most innovative product for their love heart key ring, as they had used the computerised equipment in technology to manufacture this.**

Our photo below shows Jared Minnican (Joint Financial Director), David Miller (Managing Director), Pete Binfield (Sales Director) and Ellen Woods (Deputy Operations Director) proudly displaying their product at the event.

The group consists of 14 Year 12 students who have set up and are running their own company (Aspire) through the Young Enterprise scheme. They have a dedicated bank account and have to sell shares to finance



their company. All students have a role and the Managing Director pulls it all together. They are supported by representatives from BAE Systems. Other members of the group include; Sean Spencer (Operations Director), Neil Postlethwaite (Deputy Managing Director and Human Resources), Ailsa McArthur (Secretary), Holly Furness and Ellie Wilson (Joint Marketing Directors), Roseanne Willison-Parry (Deputy Sales Director), Thomas Taylor (ICT Director), Haley Usher (Sales and Marketing Liaison) and Anna Jones (Joint Financial Director).

The team have had coaching through the Young Enterprise Scheme to help them run the company. They are now writing their company report and two members of the group have had training as to how this is done.

Alan Sugar eat your heart out! At least two of the group want to apply for business related degrees.

## Information for Parents

**Our Induction Days this year for our new Year 7 students starting UVHS in September will be on 1st and 2nd July.** Year 6 students will spend two days at UVHS in their new form groups, getting to know their bearings and making new friends. In addition to this, all students with their parents will be invited to attend an individual interview to discuss their child's transition to UVHS. New Year 7 Induction Evening and Uniform Sale will be held on the evening of 1st July from 6.00 pm to 8.30 pm. Parents will receive letters and appointment times soon.

**In the Summer Term, Year Eight Parents' Evening will be held on Wednesday 14th April and Year Seven on Thursday 22nd April between 4:00 – 6:45 pm.** Parents will receive letters regarding this after the Easter break.

**This year Ulverston Victoria Sixth Form has received record applications from students to attend our sixth form in September 2010.**

Students who have applied for a place at our sixth form will be invited to attend an individual informal interview which will take place during the next three months. It will be an opportunity for parents and students to ask any general questions, and discuss any financial assistance which may be available. In the meantime, if you have any queries please contact Mr Rastelli, Head of Sixth Form.

## Specialism News

We recently held our first Specialism Advisory Board meeting in school. The purpose of the board is to embed the specialism across school and raise its profile both in school and across the community. We want to canvas the opinions and ideas of a range of interested parties (including local industries, the LA, higher education institutions, parents, the Chair of Governors and partner primary schools) and ask them to assess our specialism and community projects and to take on the role of 'critical friend'. The meeting was well attended and we hope to build on our work to ensure that UVHS is at the heart of our community.

In other news we have recently appointed specialism ambassadors from year 12. These are Matthew Campion, Nathan Cumberbatch, Hamish Fletcher-Cooney, Nathan Holmes, Jared Minnican, Sean Spencer and Ellie Wilson. These young people have volunteered to give up their own time to assist with community projects. Some of them are mentoring maths and ICT students and/or helping out in lessons. They are also working on fund raising projects to benefit the local community. They are to be congratulated for giving up their time to help others and when Sean spoke at the Specialism Advisory Board to update guests on the work of the ambassadors his talk was extremely well received.

We have recently completed a specialism and community audit and the quality of the work undertaken by different departments in our local community (and beyond) is truly outstanding. If parents or other members of the community are interested in receiving a copy of the audit they should contact Mrs Quinn at school.

## "Wicked" Weekend for Performing Arts

**On the weekend of 5th and 6th March, 40 performing Arts students, accompanied by Miss Hicks and Mr Butler, travelled to London for an exciting weekend of shows and concerts! On Friday evening, the group were the guests of Her Majesty's Royal Marines at the annual Mountbatten Festival of Music at the Royal Albert Hall. The performance was superb - a wide-ranging programme included solos, military marches and a selection of music from the West End Musicals.**



On Saturday, the group attended a matinee performance of the musical "Wicked!" at the Victoria Apollo Theatre. Everyone was impressed with the stunning set, acting and of course the amazing singing by the whole cast.

Many of the students will be using the performances as part of their evaluation work of live performance. Mr Butler and Miss Hicks received compliments about the group wherever we went and would like to

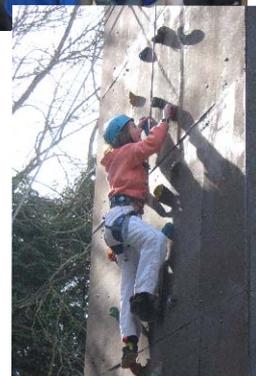


thank the group for their excellent conduct throughout. It was a real pleasure to be a part of such a cultured group. We hope to repeat the Performing Arts trip next year!

## Year 8 Visit to Normandy

Year 8 enjoyed a great visit to France during March, here is a report on the experience from Beth, Amy and Hannah:

At 11:00 we arrived at the accommodation and we were all greeted by the French Instructor, Martin who taught us a lot of French during our week in Normandy. We visited various markets, towns and well known landmarks like Mont St Michel and the Bayeux tapestry, but our favourite was touring the French market. We also enjoyed the trips to the Chateau where we took part in various activities including rock climbing, orienteering, fencing and bread making. Each night we returned to a traditional French meal that we all enjoyed! On Tuesday night we went bowling and on the last night we had a fancy dress evening where we all tried the French delicacy, escargots (snails)! We all had a brilliant time and would recommend this trip to everyone!



### Governors Slot

The Governing Body would like to welcome new governor Mike Stokes who joined the school this term.

The governing body consists of governors from various backgrounds within the community. All governors are volunteers and, once elected, serve as a governor for four years. UVHS Governors work with the Head teacher, school staff and the Local Authority to help secure the best possible education for the students at UVHS. We have responsibility for setting the budget and for overseeing the curriculum. Other responsibilities include the appointment and dismissal of staff and also the exclusion and re-instatement of students. Governors work closely with school staff in making sure our school policies are all up to date.

We have been really impressed by the number of Head teacher's WOWs; over 120 since September. This is a real testament to our students and their commitment to the school and the wider community. What fantastic ambassadors!

Finally, the weather! It caused us a number of problems this term but staff, students, parents and governors have coped admirably. The governors would like to thank all those people who volunteered in January for clearing the site. We look forward to the warmer spring weather.

### UVHS Texting Service

The vast majority of those who have provided feedback on this service are extremely pleased with it. I have been told that it keeps parents in the picture generally and allows them to act to support their children specifically.

For instance, although we could have worded our text about the lack of equipment for exams more precisely, the overwhelming response to that text was a positive one.

Indeed it seems to have virtually eliminated the problem from the examinations which were taken after the text. However, as we all know as parents, the novelty may wear off and we might have to text again but with a more refined message!

In the future we plan to extend this service to let you know if there are any significant issues to do with your child and his/her homework. It will give you that extra insight into another aspect of school life.

## Extended Services : Ulverston Footprint



Hello, my name is Laura Marsden and I am the Extended Services Advisor for the Ulverston Footprint. If you have any ideas, queries or just a general enquiry please contact me on the details below, regardless of whether you are school staff, student, parent, carer or a member of the community. I will welcome your input.

### What Extended Services are?

Extended services are based around implementing the following Core Offer in and around schools.



**VARIED MENU**  
A varied menu of activities including study support, Childcare (Primary Schools) and after school clubs.



**SWIFT AND EASY ACCESS**  
Swift and easy access to targeted or specialist services.



**CORE OFFER**

**PARENTING SUPPORT**  
Parenting support including family learning and support services.



**COMMUNITY ACCESS**  
Community access to facilities including adult and family learning and community events and activities



If you would like any advice, help or would just like to know more please contact me on [laura.marsden@cumbriacc.gov.uk](mailto:laura.marsden@cumbriacc.gov.uk) or Mob: (07825008676)



## Sports Round-Up

### Buddy Fixtures

UVHS took part in the 1st of 3 Buddies fixtures at St Bernard's School on the 9th December. It was a great evening, with numerous activities on offer, which included boccia, trampolining and badminton. Our participants were pupils from years 7 and 8. Our "Buddies" who helped run the evening were Collete McKenny and Anna Gillies – who were both fantastic ambassadors for both UVHS and school sport. Well done to all of the girls who took part.

### Year 8 and Under 16 Hockey Teams... BARROW SCHOOLS CHAMPIONS!

Our year 8 AND Under 16 are Barrow Schools Hockey Champions, winning their cup matches UNBEATEN!

The year 8 girls have had a fantastic hockey season and they have gone from strength to strength. They have been working extremely hard at training and their efforts have certainly paid off. They beat both Furness Academy sides and drew with St Bernard's.

Our year 8 Champions (pictured below) are: Lois, Kirsten, Georgia, Becca, Lucy, Jenny, Tia, Chelsea and Becky.

Well done girls, a fantastic season!

The Under 16 team has proven what team spirit and working hard brings you... Winners! The team has made fantastic progress this year, with girls playing from years 11, 10 and 9.



They played well as a team throughout the season and at times found themselves being the stronger side but were unlucky with the result. However, throughout their cup matches the girls' efforts were finally rewarded. Their first game was against St Bernard's and they played extremely well, their passing was excellent but they could not get the ball to hit the backboard. The next two games the girls found their scoring form and beat both Academy sides with two outstanding performances. Well done to Collette, Meghan, Kim, Steph, Amy, Emily, Jenny, Lauren and Victoria.

### County Athletics Final

On 3rd March a team of 8 boys and 5 girls represented UVHS and Furness School Sports Partnership at the county sports hall athletics final in Penrith. All students performed well and overall both teams came 2nd – which is fantastic! We competed against schools from Carlisle, Millom and South Lakes. Well done to all who took part but a special mention goes to Collette, Christina and James who all came 1st in their individual events.

The other competitors were Eleanor, Holly, Hayley, Liam, Rory, Jack, Kieran, Zack, Billy and Cole.

### Cross Country

Congratulations to Ellie, Jenny, Julia, Carys and Jack on their magnificent achievement in the county cross country. They have all been selected to compete in the National Championships in Manchester on 20th March. We wish them luck in their event!

### Year 7 Girls Football

Our Year 7 girls took part in a friendly football tournament on Monday 1st March at Furness Academy – and what a fantastic tournament it was. They played Furness Academy South first; there was some fantastic play and Shannon Johnson scored a fantastic goal to take the lead 1-0. However, the Academy equalised in the final seconds to level the score. They then played St Bernard's in one of the most exciting games this season, it was end to end but when the final whistle was blown the score was 2-2. Our girls made it through to the final – as even though we did not win any of our games, we did not lose! They met Dowdales in the final and were beaten 2-0, but it was a fantastic game and our girls played extremely well.

Our Year 7 footballers are – Lois, Olivia, Caitlin, Mia, Elysia, Kiera, Evie and Shannon.

### Sixth Form Netball

The 6th form girls played netball against Barrow 6th Form on the 23rd February and were victorious!

The girls who were a mixture of both lower and upper sixth played extremely well and outplayed the 6th form and the final result was UVHS 14, Barrow 6th Form 5. Well played girls!



### Sports Council

The Sports Council is now up and running! Two pupils from each year group have been selected to represent their year on the sports council. The council will meet every two weeks to discuss UVHS sport and to try and improve PE and school sport – as they will be the "voice" of the students. Their first task is to organise inter house fixtures before Easter and to organise activities that will take place in National Sports Week. The sports council are as followed:

- Year 7 – Jessica and Mark
- Year 8 – Molly and Morgan
- Year 9 – Chloe and Dan
- Year 10 – Collette and Greg
- Year 11 (Sports Ambassadors) – Kim and Alex
- Sixth Form (Sports Ambassadors) – Natalie and Gemma
- Sixth Form School Council - Ellie and Adam

### Lakes Leisure Ulverston

Our year 10 pupils have completed a 6 week unit of work at Lakes Leisure, Ulverston, which was written by qualified instructors at the gym. They thoroughly enjoyed it and all have shown a huge improvement in both physical fitness and confidence, so well done girls and thank you Lakes Leisure, Ulverston.

### Year 10 Girls are Netball Leaders!

The year 10 girls who study GCSE PE have just recently completed a Netball Leaders qualification. This involved planning a series of sessions and coach sessions to the group, their peers, year 8 pupils and some pupils have had the opportunity to take sessions with Sir John Barrow Primary School. We now have 70 qualified leaders in year 10.

### Tesco Vouchers

The PE Department are again collecting these vouchers and after a very successful year last time round we are looking to use the vouchers to put towards new equipment. If anyone has any suggestions of new equipment the department would benefit from please contact us.

## Sports Round-Up (Continued)

### Gifted and Talented Evening

The first ever Furness Schools Partnership girls gifted and talented evening was hosted at UVHS in February. The event was to celebrate female sport, to give the girls the opportunity to train with qualified coaches and to try and get them more involved with local clubs. Approximately 100 girls from UVHS, St Bernard's and Furness



Academy participated. Sessions included rugby with the RFU, hockey with both Ulverston and Glaxo Hockey Clubs, indoor athletics, climbing and orienteering.



UVHS leaders who had represented England and GB acted as "buddies" for the younger pupils. The event was a great success with positive feedback from all schools.

### Boys Sport

Unfortunately, boys rugby and football has suffered greatly with the inclement weather. The Town Football Cups are just getting into the swing of things now. We will let you know progress in the next Newsletter.

### U15 Basketball

It has been a mixed season but a great deal of credit must go to Danny, Austin, George, Josh, Daniel, Curtly and Joseph. They have organised themselves to get to all fixtures and have shown a great commitment to fulfil all matches.

### Kit Policy

We would like to remind all students and parents that unless there is a physical reason why a student cannot get changed they are expected to bring their kit and get changed for all PE lessons. This will mean they will be able to take part in the lesson in a refereeing or coaching role.

### Links with Barrow Raiders

The PE department has been working with Barrow Raiders to base a rugby coach at UVHS on a permanent basis. This will be a brilliant opportunity to develop the rugby talent within the school - Exciting news in the next Newsletter!

### What would you like from Physical Education?

PE Department hope to provide a broad and balanced curriculum and extra-curricular programme to allow every child, whatever their sport, level or needs to fulfil their potential. Our vision is to run weekly clubs throughout the year for all activities, provide links with school competitions and local clubs to allow students to progress to the standard they want. This requires a great deal of commitment from all involved; coaches and leaders to run the activities and funding to increase the amount of opportunities.

Do you have what it takes to help us achieve this aim? Do you want to get involved as a coach or leader? Do you have any ideas to help and provide opportunities? If you are a member of a local club, an interested parent or a student, why not contact us at school with your suggestion and give our children the best sport and physical activity opportunities in the area.

## Meet Our Spring Term Sponsor

Furness Cars & Commercials Limited are proud of the association we have with Ulverston Victoria High School through providing Student Placements and Employment to Students of the School.

We look forward to continuing to work closely with the School and build on our working relationship, we wish the school all the very best in its achievements.

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