



### Summer Days.... Drifting Away... UVHS Prom!

#### Mr Fay writes.....

We come to the end of another brilliant school year, three years and four months after I joined the school. I can't believe how quickly the time has flown particularly as I only came for three months initially. One day I will find my car keys and be able to leave .....

Obviously being declared "Outstanding" makes 2010/11 possibly the best year in the school's history. To reach such a height in only three



years is amazing and we recently got a message from Baroness Morgan, who leads Ofsted, describing our success as a rare achievement and offering her congratulations to the school. She even promises to drop by if she is in the area. Like all visitors she will be made most welcome, particularly if she is not carrying a clipboard!

All the indicators show the school is in robust health. Our record examination results; our improved attendance; the continued improvement in the behaviour of our students; the expanding extra curricular provision; the

smartness of the students in their new school uniforms; the behaviour in town..... I could go on and on.

However as I wrote in the last newsletter we have no intention of standing still and basking in our triumph. We must continue to improve and build even higher value onto the high value that we are already achieving. That's quite a challenge.

Our new "School Improvement Plan" is very exciting as, among other things, we will further develop exciting teaching and learning, further enhance the school's international status, further develop leadership through all years in the school, a cause dear to my heart, and a host of other challenges.

You know, of course, that finances and buildings have always been a worry to me in my three years here and they continue to be so. Yet we have achieved outstanding outcomes whilst having little or no funds to invest. That, in my opinion, makes our achievements even more notable.

There does, however, seem to be some light at the end of a very long tunnel. Whisper it softly but our in year budget is no longer in deficit and there may be some exciting, but challenging, developments with regards to our school site. Much credit for our financial improvement must go to Richard Waple, our Bursar and much more, who is retiring this year. Richard has been an invaluable colleague to me, being always prepared to give me the correct advice no matter how unpalatable it might have been. I always want your children to have the best. I wish Richard best wishes for his retirement and I am confident he will still be around in some capacity to serve the school. Once UVHS gets in your blood it's hard to escape. Perhaps there's even a little life left in me for future challenges before I ride off into the sunset (yes I have been watching westerns recently!). Perhaps I'll write the great American Novel if an englishman is allowed to and set it up near Mexico near the Rio Grande.

Via Con Dios Mis Amigos.

#### Prom Day Fun!

On Tuesday 28th June, our Year 11 students were greeted with fireworks and music at their celebration assembly at the Coronation Hall in Ulverston. Mr Cubiss reflected on the excellent achievements Year 11 had made throughout their time at UVHS and photographs of the students from their time in Year 7 caused much hilarity for both students and their parents.



Shortly after the celebration assembly, the students (mainly the girls) made their way to the various beauty appointments in order to ready

themselves for the Prom.

As the evening commenced, students and parents arrived at school to wave Year 11 off as they boarded coaches to the secret venue, the Netherwood Hotel. Students were impressed on their arrival and with the sun shining they were able to spend most of the evening outside on the lawn, socialising and dancing, following their three course meal.

The lawn was also used for the staff dance extravaganza where the Year 11 form team danced a choreographed routine to the Scissor Sisters. The boys from Year 11



were wearing their best suits or their tuxedos and they all looked incredibly smart for the evening. The girls' dresses though had

to be the highpoint of the Prom. They were fantastic and every girl looked like they had just stepped off a Parisian catwalk!

By the end of the evening everyone had a fantastic time and it was time to say goodbye to the Netherwood Hotel and make our way back to Ulverston carrying with us fantastic memories. Good luck Year 11!

## Vic's Got (real) Talent!

Friday 1st July saw the eagerly awaited and much anticipated Grand Final of Vic's Got Talent. Over 150 students went through open auditions in May in front of a staff/student judging panel who then narrowed the final line-up down to just 15 acts. There were students from all year groups competing for a prize fund of £220, very generously donated by South Lakes Music Partnership.



The competition was split into two categories: singing and variety, and saw a massive contrast of acts - from the solo dancing of Alysha to the 25-piece dance troupe, 'Passion', who also represented UVHS in Ulverston Carnival; sax player, Jess, wowed the sell-out audience with her skills and Duelling Hell Hawkes entertained everyone with their guitar duet. The



singing category was especially tightly fought with trios, duos and solos of an amazingly high quality.

Throughout the evening, the Year 13 presenters (James, Tom & Mark) did a sterling job moving the show on, questioning the acts and talking to the three judges (Mr. Cubiss, Molly Lynch from the Evening Mail, and local entertainment impresario Gary Gifford). During the counting of votes, the audience were also treated to two brilliant



performances from last year's winners: singer/songwriter Max (Year 9) and singer David (Year 13).

A massive 'Well Done!' to all competitors for a fantastic evening of quality entertainment, and also congratulations to the prize winners: overall winners were the amazing Year 12 rap act, 'All You Can Eat' (top left); Year 9's Courtney (bottom left) won the vocal category and the two runner-up acts were Daisy and 'Passion'



WATCH OUT FOR NEXT YEAR'S SHOW!!!!

## Geography Experience the Great British Summer!

### Year 8

Once again it is that time of the year when the Geography department (and Miss Evans) are allowed out of the classroom to do battle with the great British summer! The first fieldwork days



involved the whole of year 8 going to Ambleside over three days to avoid swamping the town with 180 students. The weather conditions varied from glorious uninterrupted sunshine on the Monday, to heavy rain on Tuesday and cloud on Wednesday.

The objective of the visit is to collect data on the shop types and economic activity of Ambleside and then use this data to test the hypothesis that Ambleside's main function is as a tourist town.

Students happily recorded the shop types

and economic functions whilst gazing longingly through the windows of the Chocolate House and the Lakeland fudge shop with quite a few students getting equally excited by the contents of Greggs! We then set about ascending to the summit of Loughrigg fell above the town with glorious views down Windermere, to the Langdale pikes in the west and the Fairfield horseshoe to the North. From the summit



students recorded the glacial features and tried to imagine the power of the ice which created this unique and dramatic environment.

All the days went superbly well as a result of the enthusiasm and hard work of the students.

Well done Year 8 (and Miss Evans!!)

### Year 10

Year 10 Geographers visited the Duddon valley to collect data to test the hypothesis; "Why does river velocity vary downstream?" After a demonstration at site one students then set about collecting



the cross-sectional area, the wetted perimeter, the average speed and data on the characteristics of the rivers load at a further 8 sites. The wet June we had experienced meant that there was sufficient water in the river to gather the necessary data.

The students worked well together and collected reliable and meaningful results. After completing all this hard work we called at Broughton post office for a well deserved ice cream !!

Well done year 10.

## UVHS House System

Now that the House System has been re-introduced into the school it is an ideal time to use it to further encourage leadership and embed citizenship and healthy competition throughout the school in the various aspects of school life.

We have some thoughts on how we would like to develop the House System and we would like the opinions of our parents.

### The Further Enhancement of the House System Structure

- Each "House" to have an honorary president
- All staff to be allocated to a House
- Each House to have House Captains and Vice Captains in the 6th Form
- House team leaders (working title) in other years
- House structure to be expanded to six Houses - 1 per form per year
- Forms to be named after Houses rather than numbered eg 7.1 = "7 Grasmere"
- House assemblies to be held at least half termly
- House song
- House motto
- House banner

### The Further Enhancement of the House Competition

- A House Calendar to be designed with events clearly calendared
- All normal sporting events to be carried out as part of the "House Competition"
- Each "Year Group" to run X competitions per year
- Each department to run Y competitions per year
- Enrichment Week to be a "House Competition"
- Music Festival (Performing Arts Festival)
- House Charity

**We would really appreciate your views on our "House System" discussion. If you want to contribute please email UVHS at [uvhs@ulverstonvictoria.cumbria.sch.uk](mailto:uvhs@ulverstonvictoria.cumbria.sch.uk) for the attention of Mr Fay. Our intention is to launch a new system in January 2012 or at the latest September 2012.**

## UVHS Primary Sports

A mixed bag of weather didn't stop the second UVHS Primary Sports Festival from going ahead on 23rd June. Despite some heavy showers, the children's enthusiasm was not dampened and netball and football teams from Croftlands Juniors, Low Furness, Penny Bridge and St Mary's battled it out to win the Victoria Cup. By the end of the afternoon, Croftlands Juniors had managed to win the



football trophy for the second year running, whilst St Mary's were the victors in the netball tournament. Our thanks go to the primary schools who took part, to Mrs Jackson for organising the matches and to the nine year 9 UVHS students who helped to referee.

## Years 7 to 10 Prize Giving Ceremony

On Thursday 23rd June we held our second annual Prize Giving Ceremony for Years 7 to 10. The sun was shining as prize winners and their families packed the Coronation Hall and were treated to music from the UVHS Jazz Combo, wonderful refreshments provided by Mrs Lister and Defors and an inspirational speech from our guest speaker and presenter of

prizes, Mr Neil Jurd from Neil Jurd Leadership.



The theme this year was "Beyond Outstanding" and as pastoral leaders called the names of prize winners, students very proudly made their way up to the stage to

collect book tokens and trophies from Mr Jurd.

Pictured above left with Mrs Hewson are some of our special award students, Daisy Ball who won The



Governors' Award for Service to the School, Bethany who received The School Award for Fortitude and Jasmine who was presented with The Headteacher's Prize for the Most Merits. Mr Neil Jurd is pictured above right with some of our prize winning students after the ceremony.

Well done to all students who were awarded prizes this year and thank you to local organisations and friends of the school who sponsored prizes at this year's event.

Indeed, if you are a local business or organisation and are interested in sponsoring future prizes at our awards evenings, or featuring as a sponsor in one of our newsletters please contact Andrea Herman at UVHS on 493900 ext 6268 or by email at [ahe@ulverstonvictoria.cumbria.sch.uk](mailto:ahe@ulverstonvictoria.cumbria.sch.uk)

## Film Club at UVHS!

Years 9 to 11 students will soon have an opportunity to be involved in choosing, watching and reviewing a huge range of films. Look out for more details via the school website.

## The UK Linguistics Olympiad

Years 12 and 13 are taking part in this prestigious competition, in which they solve linguistic data problems and we have high aspirations! Sessions will run on Tuesdays after school: see Miss Smith for more information.

## Arrangements for September

### Return to School : Wednesday 7th September 2011

**Year 7** students start school at 8.50 am and are with form tutors during periods 1, 2 and 3.

**Years 8, 9, 10, 11 and 13** return at 10.55 am with form tutors.

Normal lessons for the above year groups commence period 4.

**Year 12** students commence Sixth Form on **Thursday 8th September** at 8.50 am. They will also have an icebreaker day on Friday 9th September. They have interviews on Monday 5th and Tuesday 6th September (students will receive an interview time slot in a separate letter which will accompany the GCSE results).

## Year 10 Focus Group Visit CGP

Recently, a group of our year 10 students were lucky enough to be invited to visit CGP, the Broughton based publishing company who produce high quality, but affordable revision guides. They are the most popular educational publisher in the UK.

The purpose of the visit was for our students to act as a focus group for some new digital revision resources. CGP wanted honest feedback from their target audience and our students rose to the challenge admirably! As well as providing constructive criticism, CGP staff wanted to learn about our students' revision methods and what areas of the curriculum they find difficult to study.



CGP's main offices are located in the buildings which were formerly Ecclelriggs Manor Hotel. Our students were informed about what is involved in maintaining the extensive buildings and beautiful grounds and heard about future plans to extend and

improve areas of the site. They were also encouraged to consider how CGP market their products. CGP staff commented that they were pleasantly surprised by how articulate and engaged our students were. It is hoped that there will be further collaboration on projects in the future.



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## A Night at the Musicals

Sixth formers, Lucy Moses and James Farrow put on a successful fundraising evening recently called 'A night at the musicals' in the main hall.

The concert, which featured singers and dancers from year 7 to year 12 was to raise money to enter UVHS into the 2011 Ulverston carnival.

It was an extremely enjoyable evening, organised by these two enterprising sixth formers and well supported by students, family and friends of the carnival troupe. The funds raised have paid for their carnival costumes. There was also a stall raising awareness of the upcoming sixth form trip to Ghana, for which £60 was raised on the night.

Thanks to all who attended!



## It's History!

The History department has been working with Creative Partners this year on a new and innovative project involving Year 9 pupils. In May we welcomed into UVHS, six members of the local community who were interviewed by pupils about their and their family's experience of living through World War Two. Four of our guests talked about their life on the Home Front and talked about bombing raids, Doodlebugs, the shelters, evacuation and rationing.

One of our guests was able to tell the Year 9 pupils what life was like as a child growing up in Italy during the war and the pupils were able to see similarities and differences of life as a child in these two countries



during this time. Our final guest told the pupils about the life of his Polish father and his terrible experiences caught up in the war as he was moved like a pawn around the Soviet Union and then Africa. The pupils then decided that they wanted to take these films into another Year 9 class to talk to them about the project. They have enjoyed doing this although it was a little bit nerve-racking for them.

The pupils have been brilliant and I hope it is something that they will remember for a long time.

Also in Year 9 the pupils have been researching many different aspects

of the Home Front and have produced some wonderful work on this subject. We have seen models of Anderson shelters, Lego models of Spitfires and tanks, replicas of ration cards and clothing coupons, interviews with family, friends and neighbours and presentations on planes, clothing, the Home Guard and many others. Two pupils even composed a song about Churchill. We have also had the pleasure of eating many cakes. Some were in the shape of shelters, some were made from rationed ingredients and one was even a 1940s wedding cake!

## The Pupil Premium

We just wanted parents to be aware that the government are now providing schools with a pupil premium of £430 per student for those students who receive a free school meal. The amount allocated is supposed to rise considerably in the next few years.

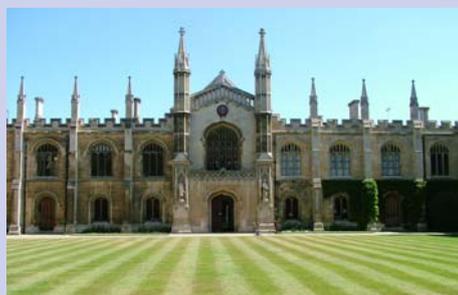
We intend to spend our money on further improving the learning of our students who receive free school meals so the more students who take a meal then the more resources we gain. Some people who are eligible don't apply on principle, but the more applicants then the greater the benefit for our children. Application forms are available from the Nan Tait Centre, Abbey Road, Barrow-in-Furness (tel: 407400). Proof of benefit, or income based job seekers allowance, or child tax credit (not a working tax credit) together with proof of identity are required on application.

## Mr Thompson's off to Cambridge!

Head of Physics, Mr Thompson is delighted to be off to Cambridge University even if only for 5 weeks. He successfully applied for a Teacher's Fellowship at Corpus Christi College, sponsored by the 'Promoting Physics' organisation, The Ogden Trust. He will be living and working at the college, researching a subject which will be of benefit not only to UVHS physics students but potentially to any student preparing to study a physics related subject at university.



GCSE and A level specifications change every five years, however University courses develop only slowly over time, usually to accommodate the latest discoveries in physics rather than the different prior learning of their students. Mr Thompson will study to what extent the various A level specifications prepare physics students for practical work in university physics labs and if necessary, suggest ways in which A level teachers can help their students get a head start before beginning university.



This is also an opportunity for UVHS to develop even better links with Cambridge University and to better understand exactly what the University is looking for when our students submit

applications. This builds on the work started by the Cambridge Working Group, which is encouraging more students from Cumbrian schools (including UVHS) to consider Oxbridge applications through mentorship and potential bursaries.

Meanwhile, the Institute of Physics has invited UVHS to join its Supporting Physics Network and discussions are underway which we hope will allow us to become an Ogden Trust Partner School. These developments will put the UVHS physics department at the forefront of teaching in the area and take it towards being a centre for excellence for students.

For more details about all of these developments see [www.ulverstonvictoria.cumbria.sch.uk/mrthompson](http://www.ulverstonvictoria.cumbria.sch.uk/mrthompson)

## Farewell from Gillian

In the past five months of studying as an exchange student at UVHS, I've had the most amazing experiences. I got to travel around the UK and a bit of Europe and in the meantime discovered an entirely different school system from the one I'm used to. But most importantly, I've had the experience of meeting some of the most wonderful people I've ever known. It is said that "it's not where you are that matters but the people you're with". This could not hold more truth for my time in England.

The people who have come into my life here have definitely changed it in the best of ways. I can't thank you enough for that. Have a fantastic summer and always stay classy.

**Gillian, Rhode Island, USA**



## "Much Ado - with Dr Who!"

The A2 Drama and Theatre Studies group travelled to London's West End on Friday 10th June to see a modern production of "Much ado about Nothing" by William Shakespeare at Wyndham's Theatre. The cast included David Tennant (TV's Dr Who) and Catherine Tate and was directed by Josie O'Rourke. It was the group's last trip together before the end of their course and a celebration of their two successful years together.

The students felt that the vibrant performance was a useful and enjoyable way to revise for their final examination and felt extremely lucky when both leading actors came to the stage door to take pictures and sign autographs after receiving a standing ovation from the enthusiastic audience. The group also visited and toured the reconstructed Globe Theatre on the South Bank on Saturday June 11th in order to compare original Elizabethan staging conditions with Wyndham's modern Proscenium arch production.



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## Vic's for Volunteers

Are you a tradesman or in a profession and you feel you could donate some time and expertise to our school of at least a day per year? Perhaps you might want to support our Governing Body by offering expert advice as an Associate Governor? If so please contact Mr Fay at school.

## Year 9 Students Visit Slavery Museum

Recently, Mrs Desbottes and Miss Woof accompanied a group of year 9 students to the International Slavery Museum in Liverpool. The students have been working on a joint Maths and History project based on the slave trade and are involved in planning a morning's events for year 8 students.

The purpose of the visit was to develop the students' understanding of this topic and they were surrounded by some very thought provoking images and information.

Whilst at the museum the students also visited a powerful touring exhibition of photos of some of the most dramatic and iconic moments over 40

years of South Africa's history, including the collapse of apartheid, captured by photojournalist Ian Berry.

Our students behaved impeccably throughout the day and were admirable ambassadors for UVHS.



## Early Closure : Friday 22nd July 2011

As is customary, UVHS will close at 1.50 pm on the last day of Summer term, Friday 22nd July 2011. School transport have been informed and students who use school buses will be collected at this earlier time.

Students who cannot make arrangements to go home at this time will be supervised in the school hall until 3.30 pm.

## Leading the Way!

Interviews for the next cohort of Senior Students took place earlier this month.



Mrs Hewson, Assistant Headteacher, was delighted to receive over 50 applications from Year 10 students who are keen to take on leadership roles and further support the work of the school in a variety of ways; from helping out at Parents' and Open evenings to representing the Student body in and outside of school.

The quality of many of the applications was outstanding and it was a pleasure and a privilege to read about the wealth of talent in Year 10. Some of the responses were frighteningly intelligent and incredibly perceptive – captains of industry and leaders of the country, look to your laurels! Those

students appointed will be the first to sport our new Senior Student 'Wolf' Ties.

## Back to School!

UVHS has recently held it's second 'Back to School Day' for senior residents. Sixteen visitors came into school to reminisce about their own school days and share their experiences with current UVHS students.

We enjoyed listening to a rendition of the school song which was performed by Mr Harold Atkinson, a former pupil who started at the school on the very first day it opened – this can



be viewed on the school website for anyone who is interested.

There were lessons in English, Maths and History followed by a delicious lunch

which was prepared and served by our excellent year 10 catering students. This was followed by very entertaining drama productions and musical performances by our talented performing arts students.

A great time was had by all and we are planning a repeat of the day next year. If you know of any senior residents who would be interested in attending please email Sheila Minnican at [smi@ulverstonvictoria.cumbria.sch.uk](mailto:smi@ulverstonvictoria.cumbria.sch.uk)

## New Term - New Year - New Beginning!

When you start school in September 2011 your attendance will be 100%. It will only fall below that if you have a day off (pretty obvious, I know). Outstanding schools have attendance targets of 95% and above. Ulverston Victoria is an outstanding school. Every single one of you contributes to our whole school attendance. We have never quite managed 95%. Let's make 2011 -2012 the year we do!

**Mrs Hewson, The Empress of Attendance.**

## Community Safety

Mrs Minnican, our Community Liaison Officer, was accompanied by two year 8 students at a Community Safety Event held at the Coronation Hall in June.

The event was held during Neighbourhood Watch Week with the aim of raising awareness of Neighbourhood Watch, Age UK South Lakeland and the Community Safety Partnership and of making people more aware of doorstep crime. The key note speaker was Mr Brian Steele, ex Chief Superintendent of West Yorkshire

Police and he gave a very detailed and sometimes graphic account of one particular victim of bogus callers. He also



emphasised ways of ensuring that our local senior residents do not become victims of this type of crime. UVHS's presence at the event was appreciated by Age UK and the senior residents who attended and was enhanced by the presence of our two young people.

## New School Skirt

From September 2011, we are introducing a new school skirt. Only existing pupils are able to wear the old style skirt until July 2012 or until they require a replacement Orders for the new UVHS skirt are now being taken at Identity priced at £18.99. They are only available to order.

To ensure earliest delivery, orders MUST be placed and paid for at Identity by the end of July 2011.

Sample sizes are available for trying on at Identity, 64~68 Cavendish Street, Barrow in Furness, LA14 1PZ. Tel: 01229 823584.



## St Mary's Hospice Fund Raiser

Those of you who pass Mr Emms on the way into school may well see his 'fancy dress' as he cycles daily to and from school (well almost every day – he wimped out in the snows of December). Not only does he cycle to and from work, but he has been a club cyclist for over 25 years.

This summer he and a few friends are cycling from Windermere to Lake Garda. These are the biggest lakes in England and Italy. On the way, just for good measure, they intend to call in at the biggest lake in Germany – Bodensee or, as it is also known, Lake Constance. Why would he do this you ask? To support the hospice and you can help. Yes you can support the hospice by guessing the kilometres the group will ride in total from Windermere to Lake Garda. It is only a £1 per guess and you can have as many guesses as you like. There is a £100 cash prize for the person who guesses correctly, failing that the nearest guess. In the event of a tie the winner will be drawn from a 'hat'.

You can enter by filling in your guess (in kilometres), name and a contact number at:

1. UVHS reception.
2. St Mary's Hospice shops in: **Ulverston**  
**Barrow**  
**Dalton**  
**Grange**
3. Top Mark – Greengate St, Barrow.
4. DC Cycles – Upper Brook St, Ulverston.
5. The Orangery Café at the Hospice.
6. Contact Mr Emms in school directly.

## Sports Round-Up (Continued)

### Rugby

Again congratulations to the year 10 rugby team who have managed a clean sweep of all trophies this season. They have now added the Barrow Town Cup to the Barrow school's 7-a-side trophy and the county cup, a fantastic achievement for all the boys.

Bradley, Nat, Callum, Luke, Howard, Jake, Morgan, Jordan, Tom, Sam, Josh, James, Daniel, Shane, Ryan, Ryan, Adnan, Stuart and Connor.

The Year 9 girls have started their pre-season training, with Al Goodings of Barrow Raiders, ready for the next academic year and forth- coming Festivals. New players are always welcome, please see Ms Barmstone for further details.

### Barrow Schools/Cumbria Athletics

Almost 100 students from years 7-13 attended the Barrow Schools athletics trials. Again there were some fantastic performances which lead to a number of students being selected for the Barrow team to compete in the inter-district County Championships, held at Sheepmount stadium, Carlisle.

Year 7 Will (300m), Benji (200m), Charlotte (800m), Phoebe (Long Jump), Grace (Shot putt), Abigail (discus), Dylan (Javelin) and Megan (Javelin).

The girl's team won their event and the boys finished 4th putting the overall team 2nd only 6 points behind the winners.

More than 20 students from years 8 to 13 were selected for the Barrow team to compete in the county championships but unfortunately due to other commitments only 6 were able to attend, Carys, Huw, Bradley, Sam, Greg and Ellie.

Bradley came 2nd in his event and was selected for the Cumbria team but unfortunately he was badly injured and unable to attend the northern counties competition.

However, congratulations to Ellie who managed to gain a qualifying time for the 3000m and is attending the National Championships at the start of July.

### Tennis



Both the U-15 and U-13 boy's tennis teams won their district leagues comfortably and progressed to the knock-out stage of the county cup.

Unfortunately, the U-15 team of Peter, Angus, Patrick, Will and Alex were unable to repeat their achievement of last year and were knocked out 4-2 by QEGS of Penrith. The boys will admit that they played well below their best and were very disappointed.

However, many congratulations to the U-13 team who swept all before them and became county champions beating Austin Friars St Monica's, Carlisle 6-0 in the final. The team (pictured to the left) are Joseph, Peter, Thomas and Kristian.

### Swimming

Congratulations again to Fraser who finished 12th in the country in the men's open 400m individual medley at the recent national championships, a fantastic achievement for someone so young, but thoroughly deserved.

### Athletics:

#### Barrow Schools

We took girls from all age groups to the Barrow Schools' Competition in Blackpool, again there were several good performances and Carys was selected for the County Schools Championships.

#### Year 7 Track and Field Competition (Dowdales)

Perfect weather for athletics saw great performances by our girls!

The following were subsequently selected to attend the County Championships in Whitehaven (6th July)—we wish them luck!

Charlotte, Phoebe, Grace, Abigail, Megan

#### Sprint Relays (St Bernard's)

Representatives from all 4 year groups participated in this event and results were as follows:

4 x 100m	4 x 200m	4 x 300m	Medley
Y7 1	Y7 3rd	Y10 1st	Y7 2nd
Y9 4	Y8 3rd		Y8 3rd
Y10 1st	Y9 4th		Y10 1st

Congratulations to the Y10 girls, who were overall 1st: Kate, Natasha, Rosie, Carys, Faye, Sophie.



### Kit Policy

The department would like to remind all students and parents that unless there is a physical reason why a student cannot get changed they are expected to bring their kit and Get changed for all PE lessons. This will mean that their uniform will stay in good condition for the rest of the day and they will be able to take part in the lesson in a refereeing or coaching role.

## Sports Round-Up

### Cricket

All cricket teams had good runs in the county cup until they met Millom. The U-15 team batted well but came up a strong team who eventually went on to reach the final.

U-12 team convincingly defeated Chetwynde and St Bernard's but again eventually went out against Millom who again reached the final. Batting first we set a target of 40 runs and with 2 overs to go Millom reached their target with 7 wickets down. A very well contested game.

The U-14 team had 2 convincing victories over St Bernard's and Furness Academy, bowling both teams out for 48 and then getting the runs with 8 wickets left and plenty of overs to spare. Best performances came from Luke 3 wickets for 3 runs and Owen Dryden 17 not out v St Bernard's and Owen 5 wickets for 13 runs, Adam 3 wickets for 12 runs and Scott 24 not out v Furness Academy. Owen then finished a very good summer's performance by taking 2 for 14 and top scoring with 14 against Millom.

### Track and Field Cup

The department took 4 teams of 15 to the T& F cup at Sheepmount Stadium, Carlisle. There were some fantastic performances from individual students and the teams performed very well.

The competition saw both our Junior and Inter girls finish in 4th place. There were outstanding performances from Louisa (100m) and Natasha (300m); several athletes achieved P.B's and all in all we saw great all round team efforts.

The Junior Boys (years 7 and 8) performed very well and made an improvement of 30 points on their score from last year. Unfortunately they just missed out on proceeding to the next round. There were great performances from Bradley (100m and discus), Daniel (100m and High Jump), Huw (400m and Long Jump), Andrew (1500m and Triple Jump) and Mark (javelin and 200m). Other team members were James, Bradley, Ronan, Owen, Harry, Josh and Kristian.

The Intermediate Boys performed exceptionally well and qualified the Northern Regional finals scoring 306 points, an improvement of 33 points on last year. In the final they finished joint 3rd with a score of 352 points placing them 17th in the north west of England. This was without a couple of very strong athletes. There were some outstanding performances over the 2 competitions from Fraser (Javelin and 1500m), Greg (200m and long jump) Luke (100m and discus), Nat (400m and long jump), Dan (discus), Callum (high jump and hurdles), Sam (shot) and Ben (high jump and 200m). Other team members were Adnan, Will, Adam, Andy, Angus, Tom, Dan and Billy. Some of the athletes are missing from the photo.



#### Guy McCullough Building Services Ltd

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Guy has a professional, qualified, experienced team of builders, joiners, plumbers and electricians, some having been with him for over 20 years, starting as apprentices on CITB and continually supports ongoing training.

#### Colin Garnett

Joinery, Building and Roofing Contractor

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*Learning is at the heart of everything we do*



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