

# UVHS Learning Through Enrichment



## National BBQ Week

**Did You Know... It's the 26<sup>th</sup> National BBQ week celebration from the 6<sup>th</sup> to 12<sup>th</sup> June!** Even though we're a little early, we wanted to make sure you had the opportunity to get a practise Al Fresco meal ready ahead of the big week!



**Don't forget to cook raw meat to 75°C in it's core!**

**Recipes!** There is so much more to try now than burgers and hot dogs! Over a 1/3 of BBQ options are plant based (Suitable for Vegetarians and Vegans.) If you want to try something new, why not look at these delicious recipe ideas?

<https://nationalbbqweek.co.uk/recipes/>

**Tips, Advice & BBQ Legends!** These pages have lots of information to help you have the best BBQ possible! Check out the legends sections for some interesting reading on the scariest, most expensive, biggest and strangest BBQs globally!

<https://nationalbbqweek.co.uk/tips-advice-legends/>

**Fun Fact!** The average number of BBQ's held per family during the summer has risen sharply from around 2 a year ten years ago, to over 10 now! We think this is due to Covid restrictions encouraging us to socialise out in the summer sun more! For more awesome facts and figures check out this section of the website

<https://nationalbbqweek.co.uk/bbq-facts/>



Recommended by: *Mrs Ford*



Don't forget to share your progress on Teams 😊