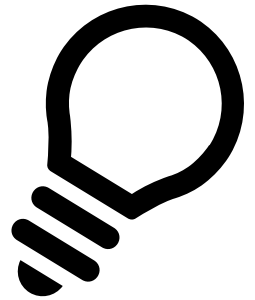


# UVHS Learning Through Enrichment



## Learn A Life Skill

- ✓ Be more independent and learn an essential life skill.
- ✓ Ok, it might not sound like the most exciting thing to do, but there are some life skills that are essential for later life.
- ✓ For example, knowing how to operate the washing machine, changing a tyre or light bulb, sewing a button on, cooking a simple meal, budgeting for food shopping, knowing how to iron, etc.
- ✓ Why not ask your parent or carer to teach you an essential life skill and show us what you have learnt to do that you didn't know how to do before?



Recommended by: *Mrs Desbottes*



Don't forget to share your progress on Teams 😊