

**Year 8
Enrichment
Week 2**



What enrichment activities have Y8 been up to this week?



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Tarn Hows and beyond



Distance
7.34 mi

Elevation Gain
1,110 ft



Activity 1 Enrichment

1) $100 \times 10\% = 110$
 $50 + 10\% = 55$
 Perimeter increased by 10%

$P = 220 + 110 = 330$ New perimeter
 $P = 200 + 100 = 300$ Old perimeter

2) Old area = $100 \times 50 = 5000 \text{ cm}^2$
 New area = $110 \times 55 = 6050 \text{ cm}^2$

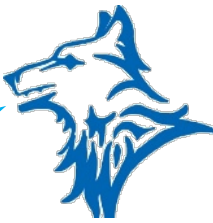
$\frac{6050 - 5000}{5000} \times 100 = \frac{1050}{5,000} \times 100 = \frac{105,000}{5,000}$
 $\frac{21}{51105}$ area increase
21%

3) $100 + 20\% = 120$
 $50 + 20\% = 60$

$\frac{120 \times 60}{5,000} = \frac{7,200}{5,000}$
 $\frac{2,200 \times 100}{5,000} = \frac{220,000}{5,000}$
 $\frac{44}{51220}$ area increase
44%



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Enrichment work : German

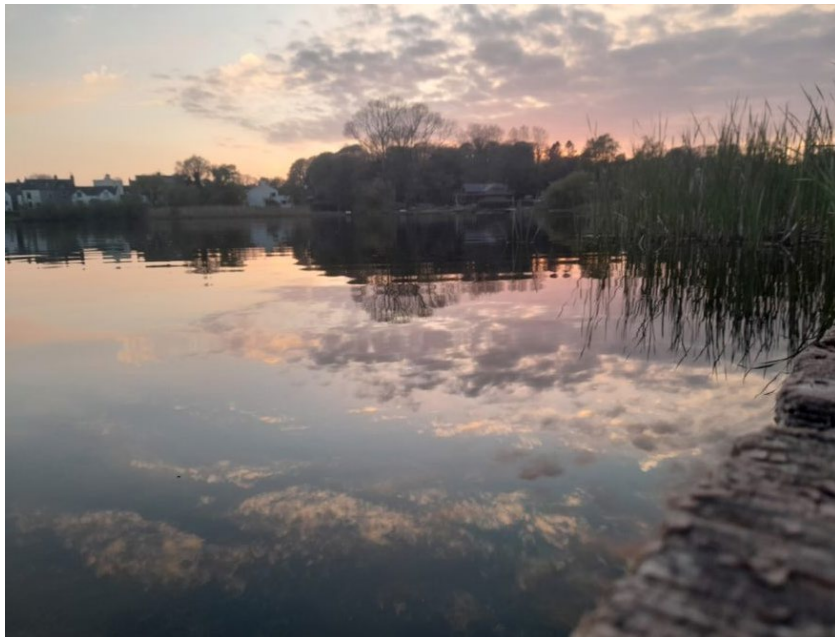
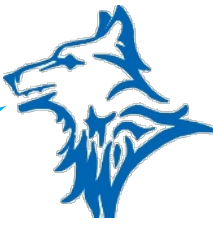
- 1: I want to visit Germany because it would be fun to learn more ~~in~~ about ~~its~~ its history and ~~is~~ the ~~culture~~ culture.
- 2: Excuse me = ~~was~~ Verzeihung.
 - Could you repeat = ~~Bitte~~ Kannst ~~du~~ du das that?
 - See you later = ~~Wiederholen?~~ Bis später
- 3: Mount Zugspitze
Berlin tower
Eltz Castle
Cathedral
Berlin ~~monument~~
- 4: Germany
Austria and Luxembourg all ~~have~~ have German
Belgium as their official language.
- 5: Berlin
Luxembourg city
Brussels
Vienna
- 5: Volkswagen
Adidas
Aldi
Siemens
BMW



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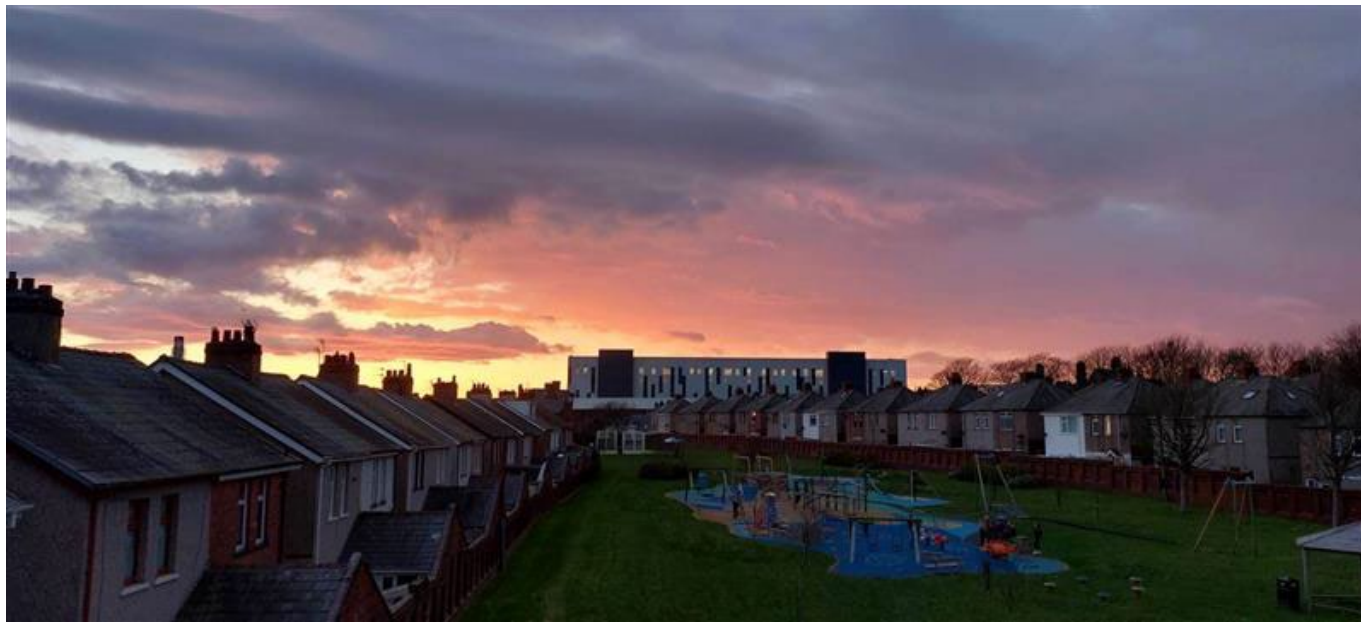
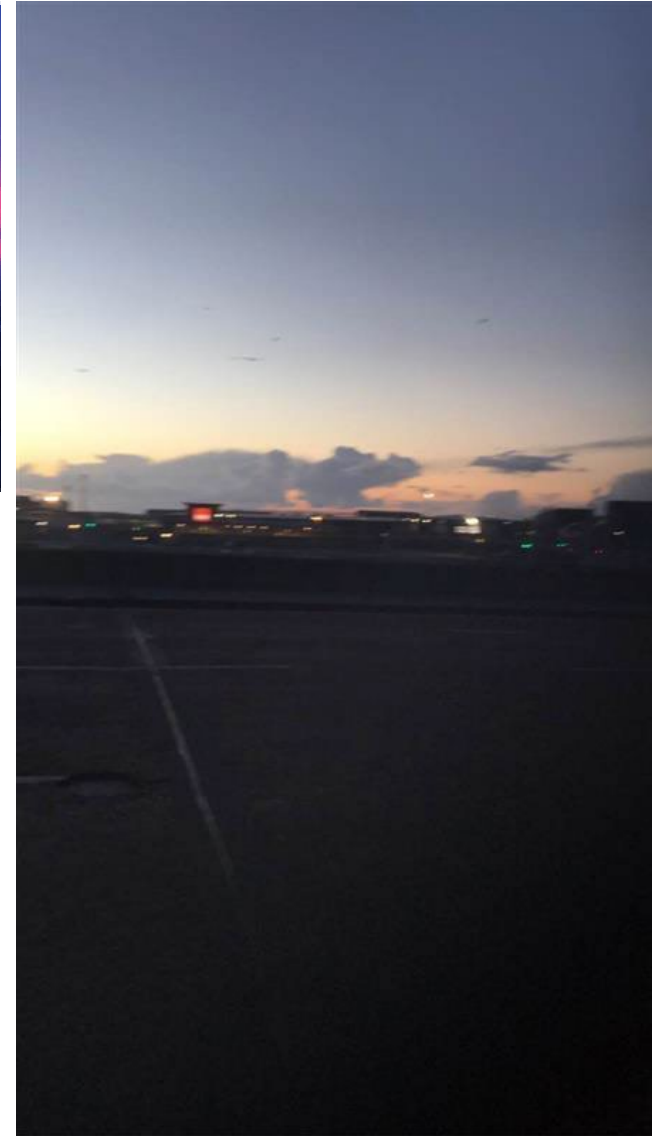
UVHS Learning Through Enrichment

Enrichment Diary

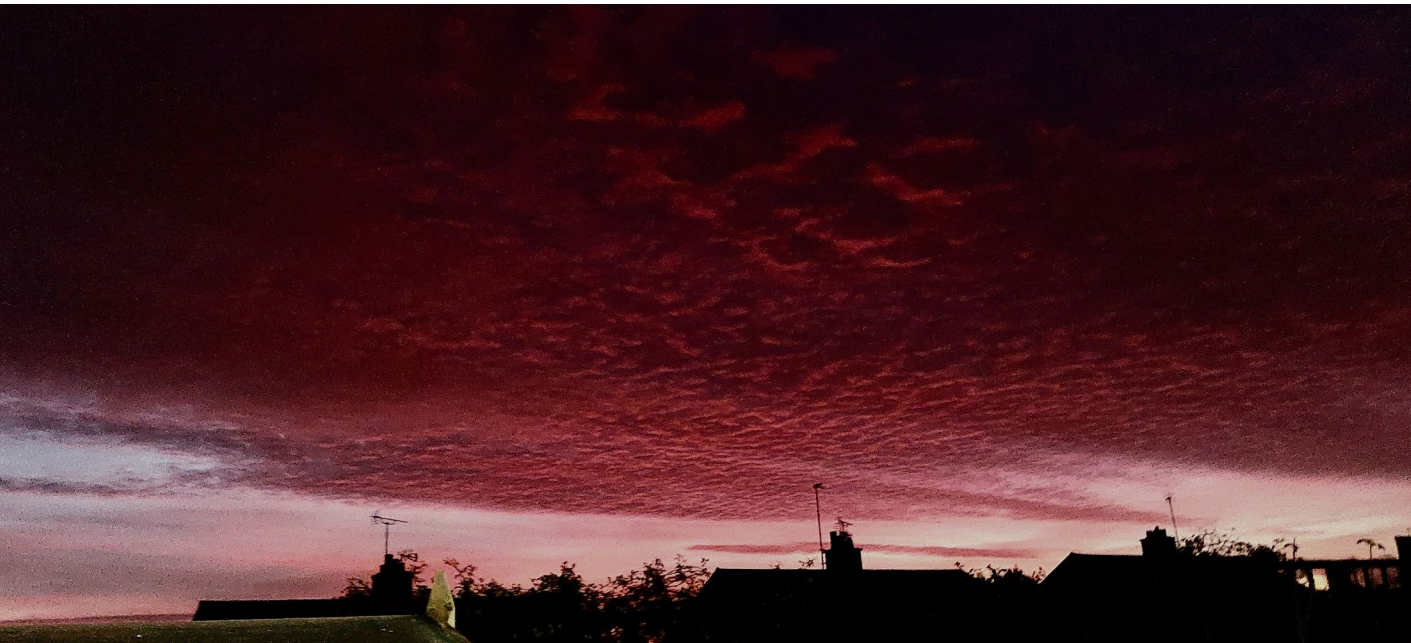
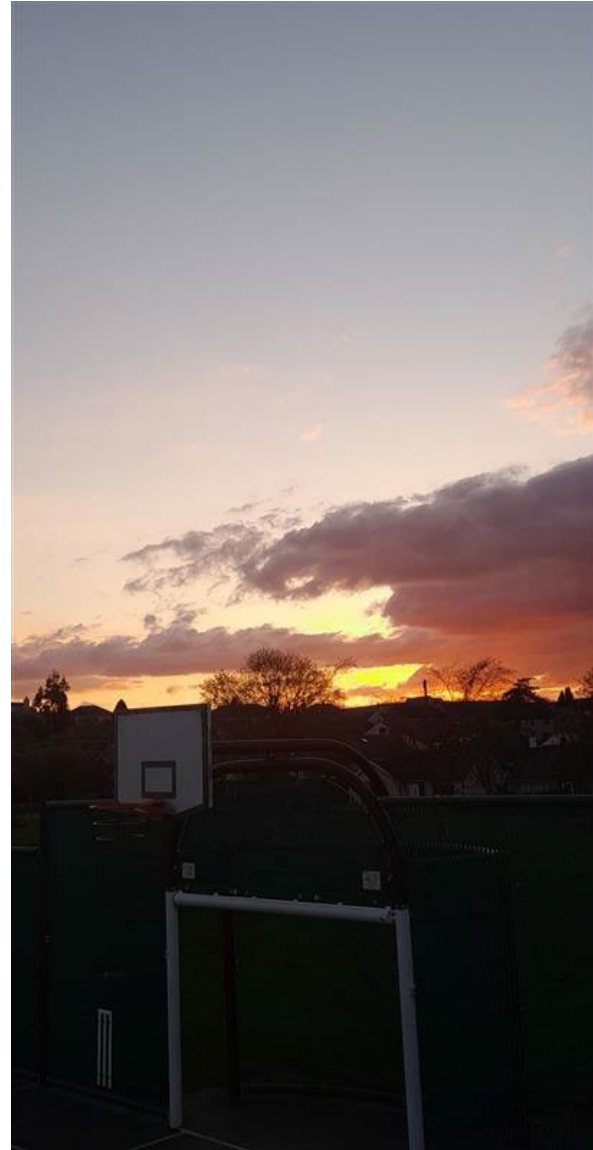
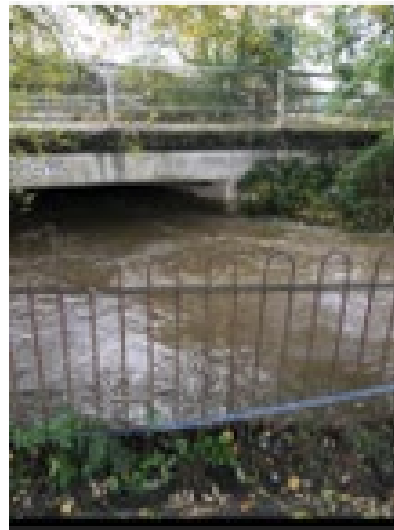
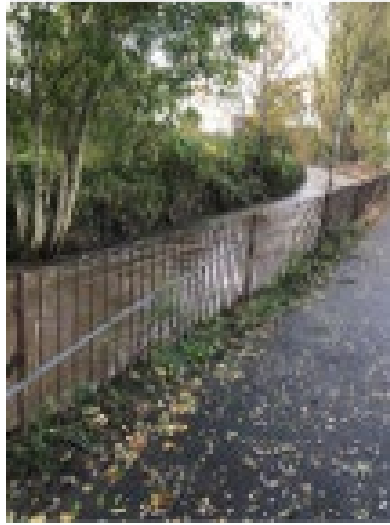
Activity Name:



Photo	What did you have to do for this activity?	Was this a family task? Did anyone help you or take part?
	Go on a walk with friends and took a picture of the sunset because it was beautiful.	This was not a family task although it could have been but it was a task I did with friends.
How did this activity make you feel?	Would you recommend this activity to anyone? Why?	Has this activity inspired you to try something else relating to it?
Happy because it was a stunning sunset with lots of colours.	To help boost someone's mood because they might be having a bad day.	Yes watch more sunsets with friends.



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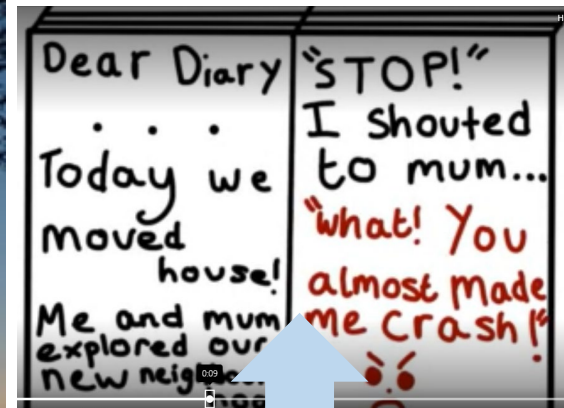
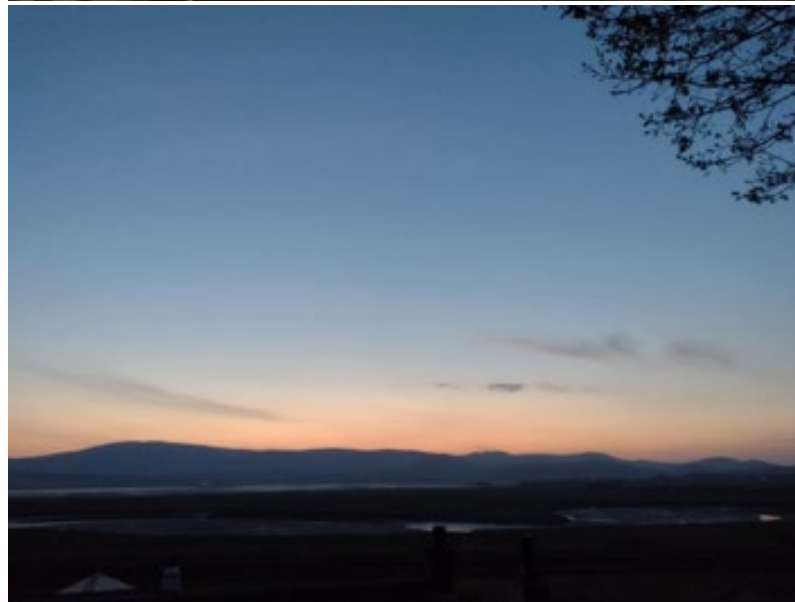
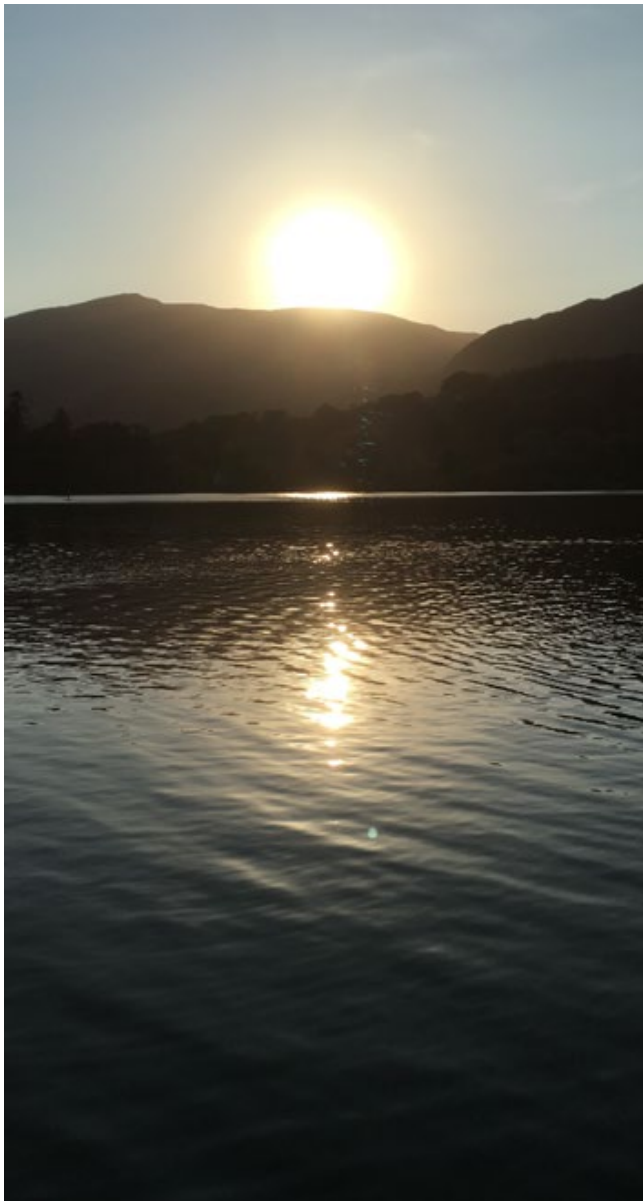
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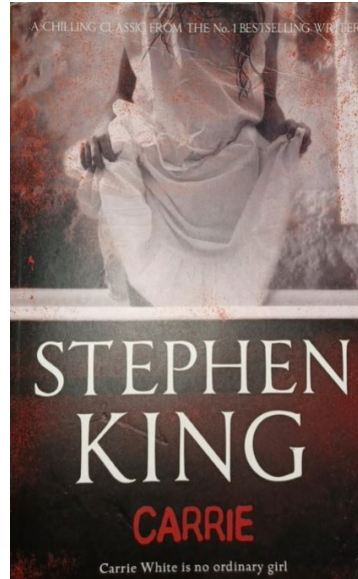
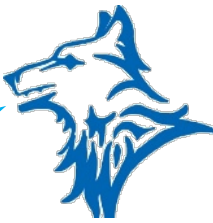


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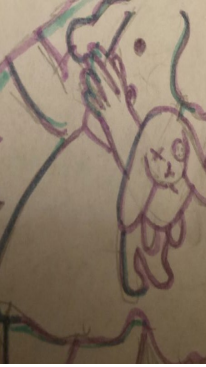
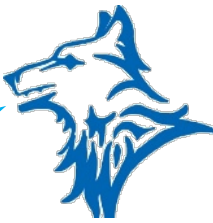


This was an amazing animation entry!

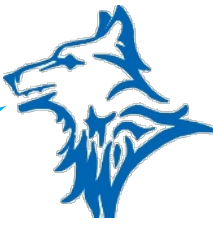
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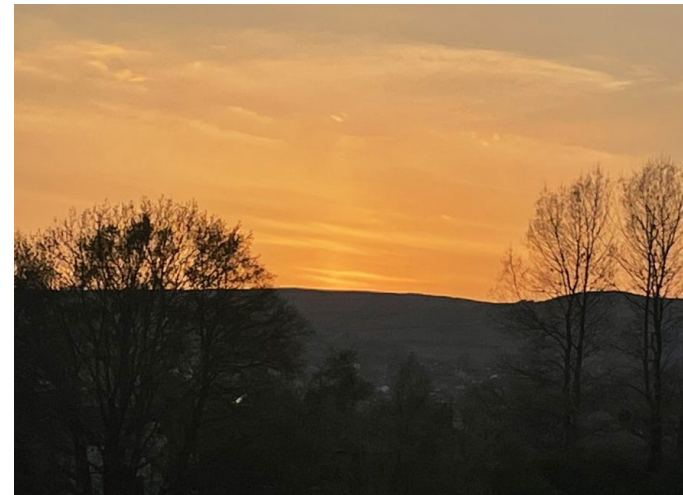
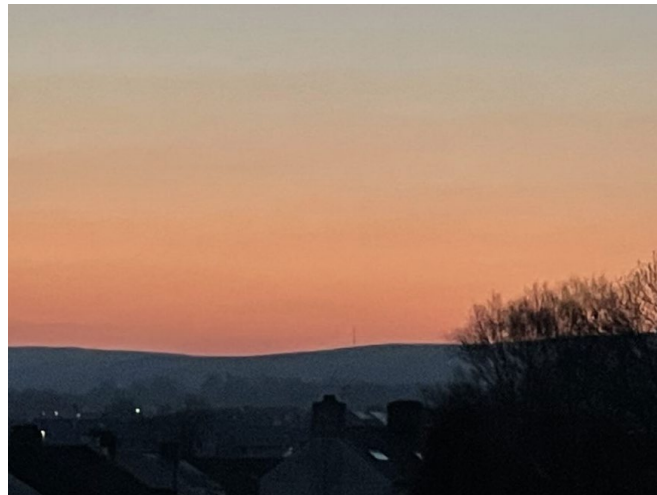
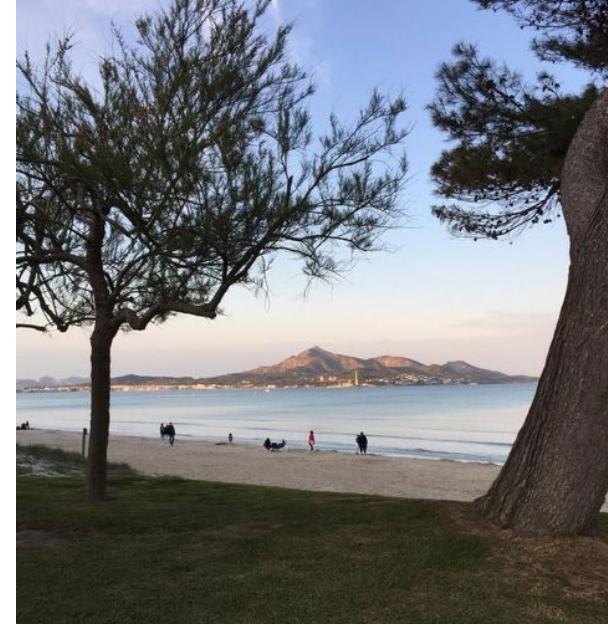
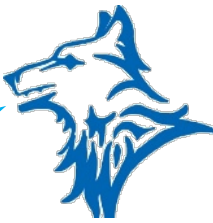
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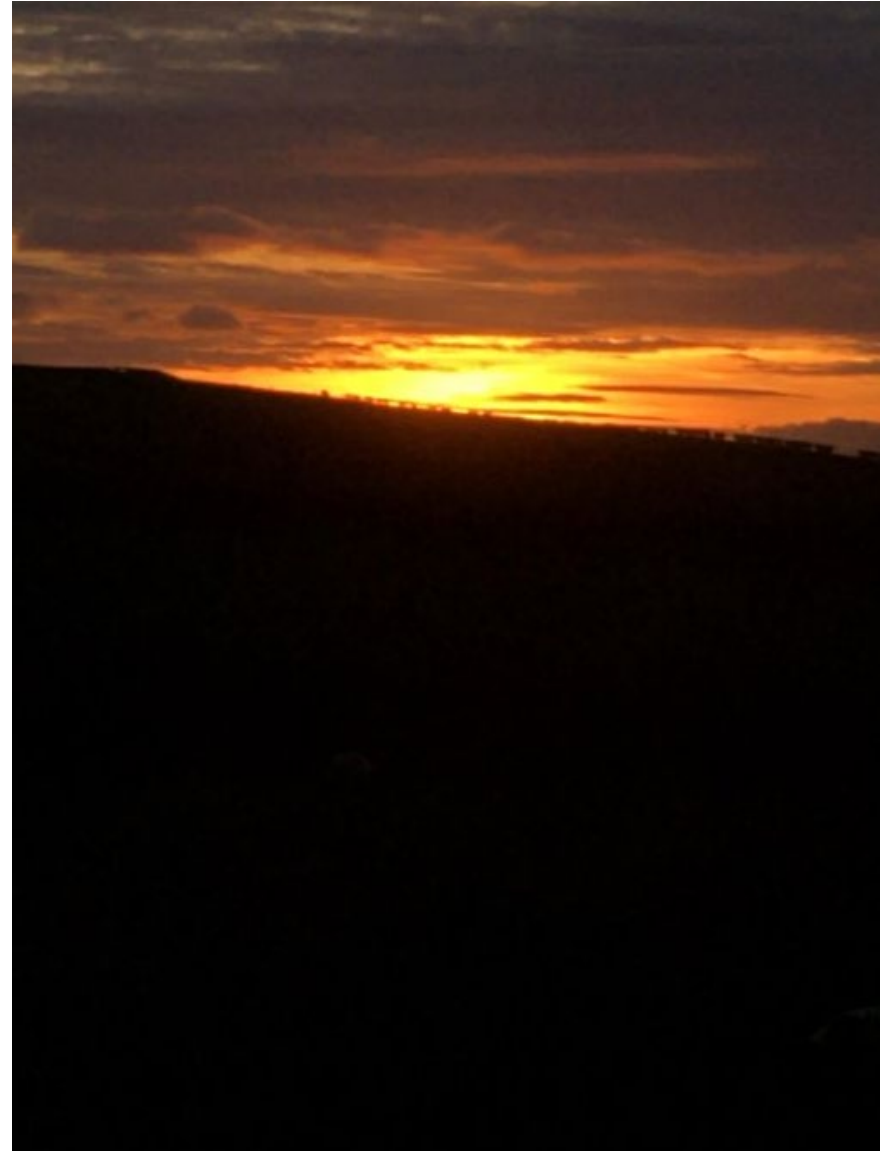
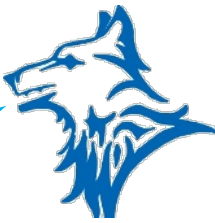
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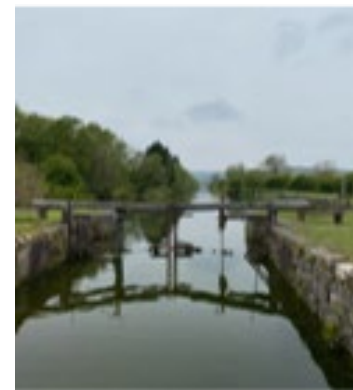
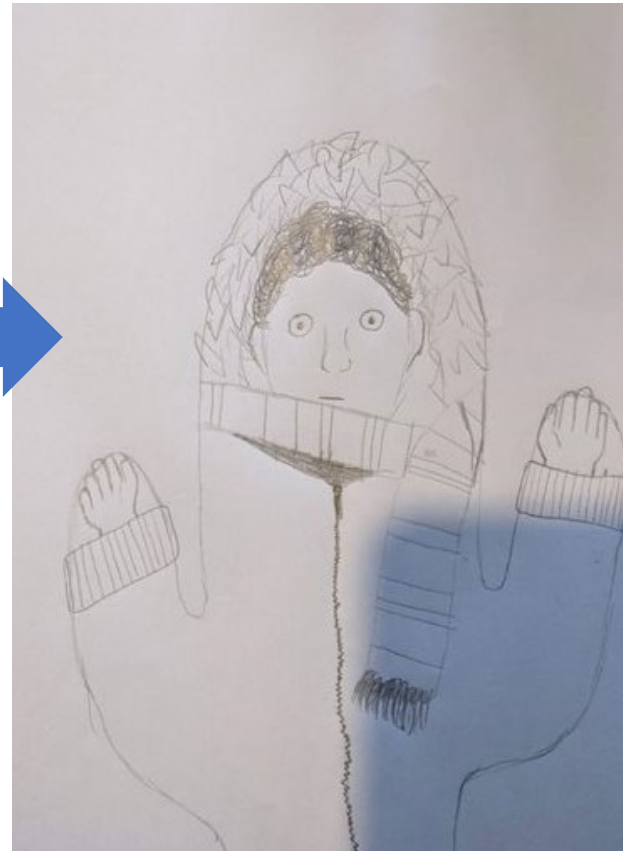
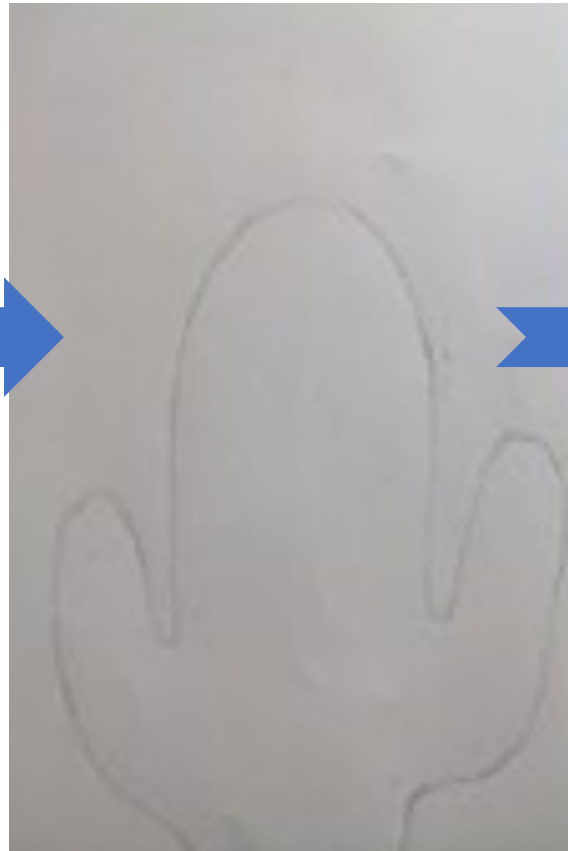
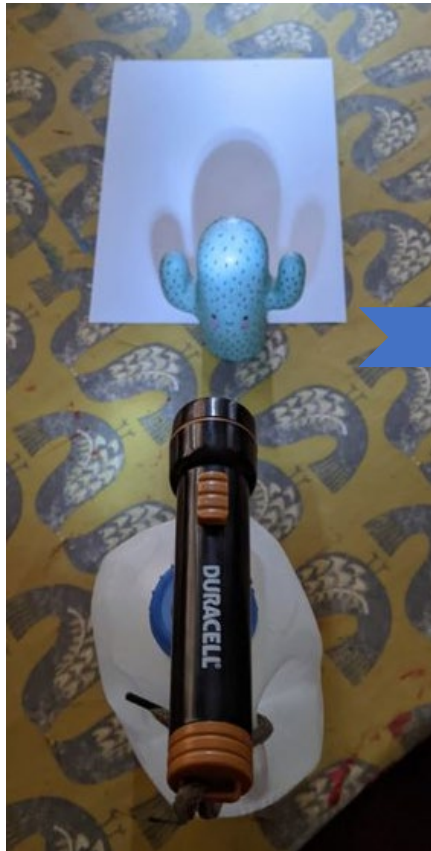
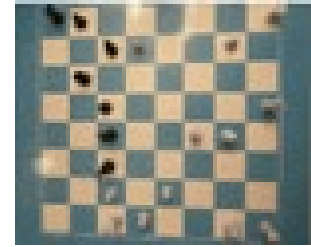
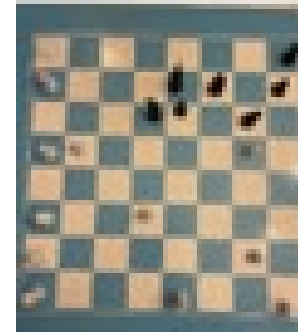
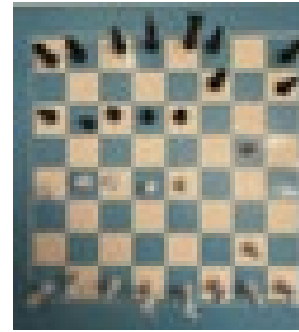
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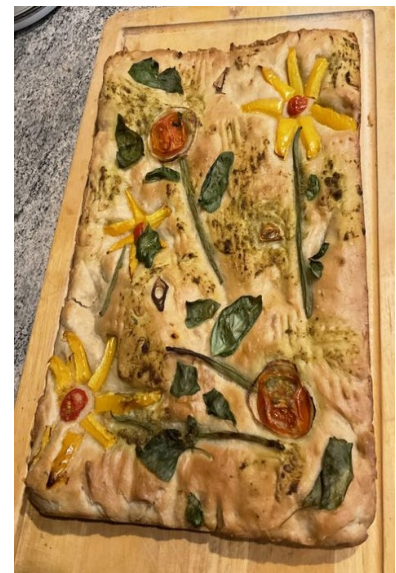
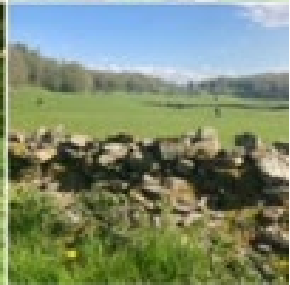
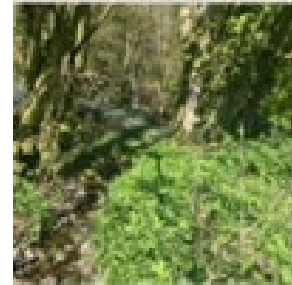
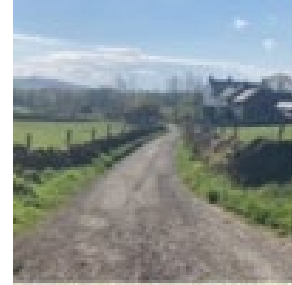
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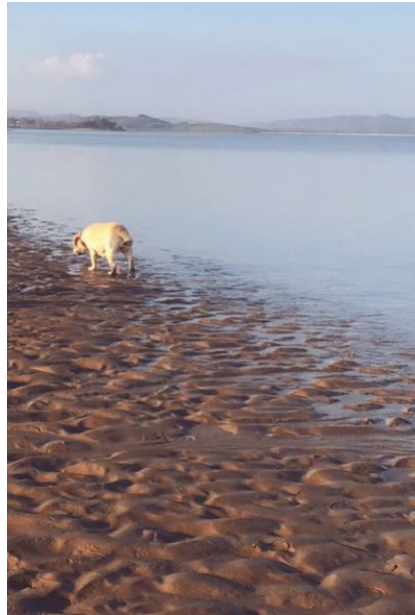
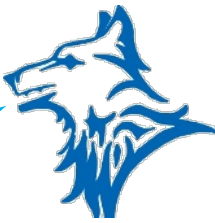
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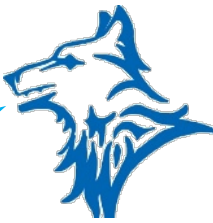
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Abramo



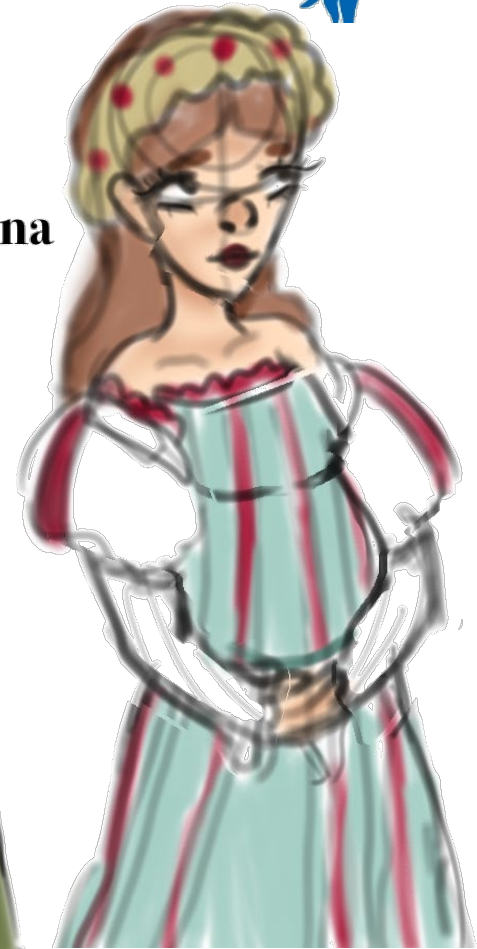
Cecilia



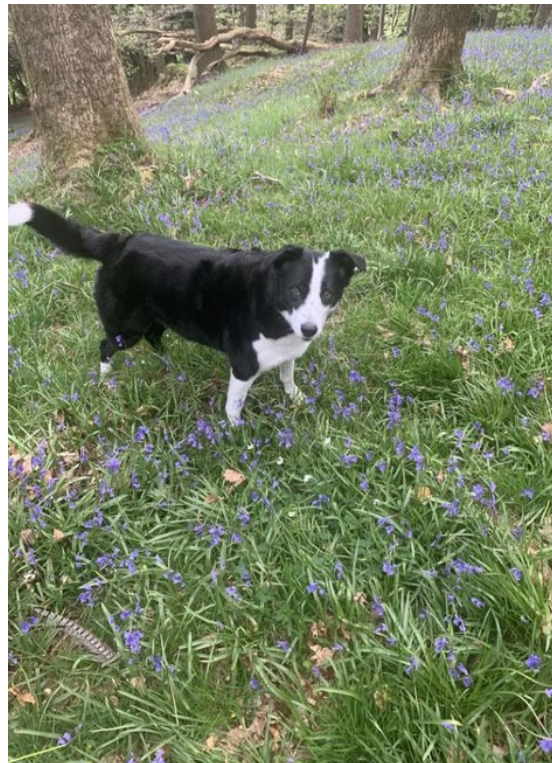
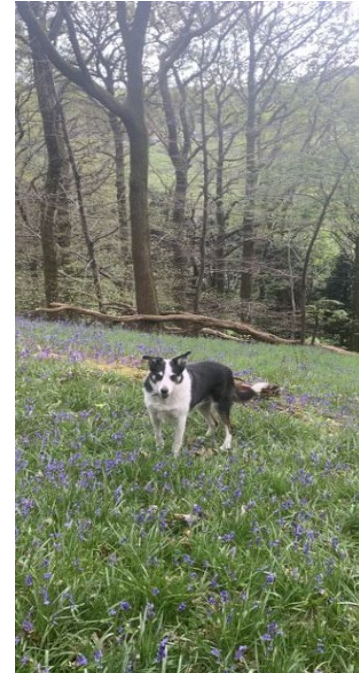
Francesco



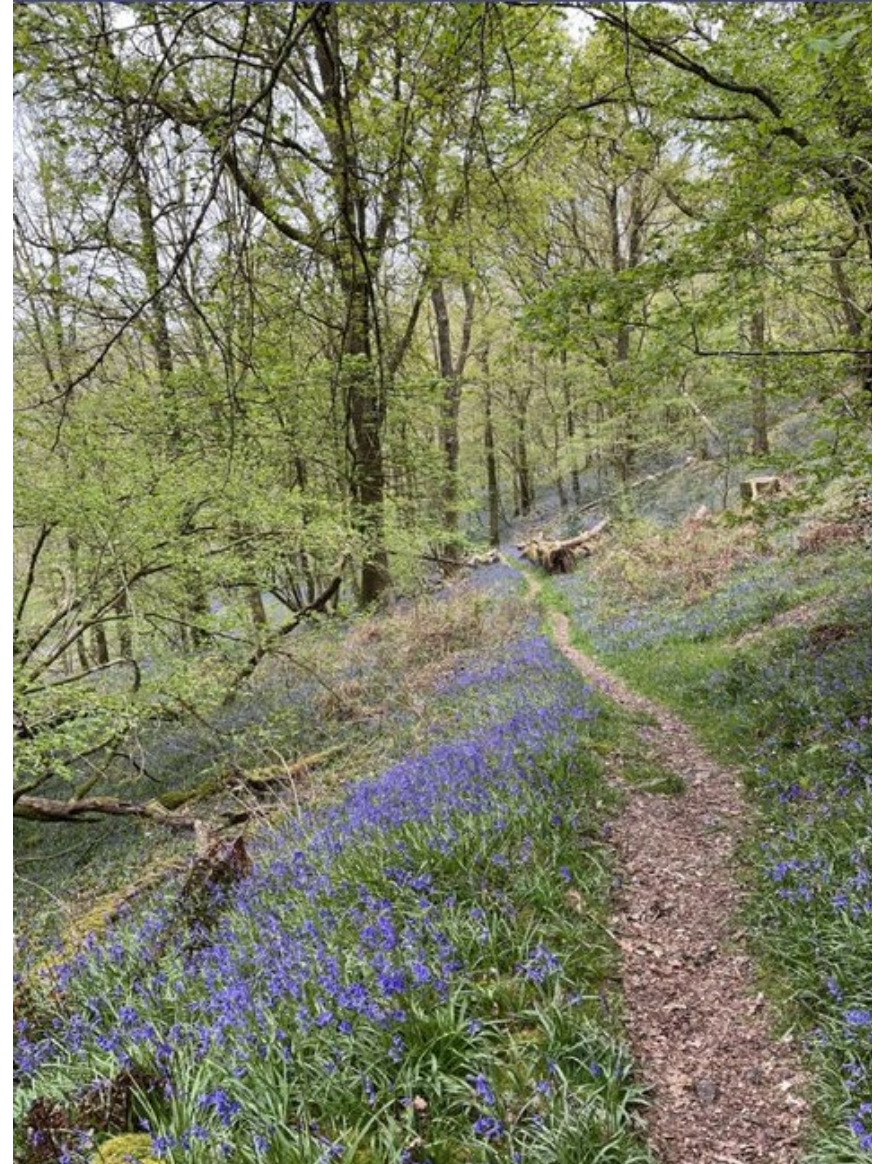
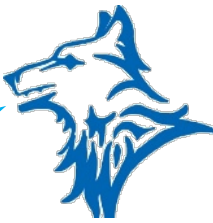
Valentina



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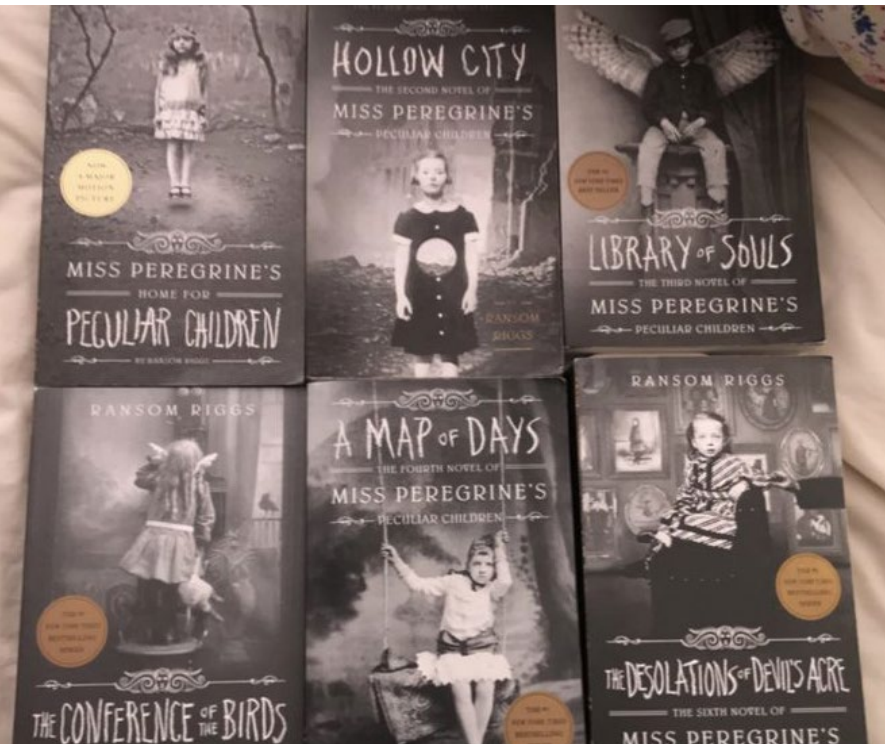
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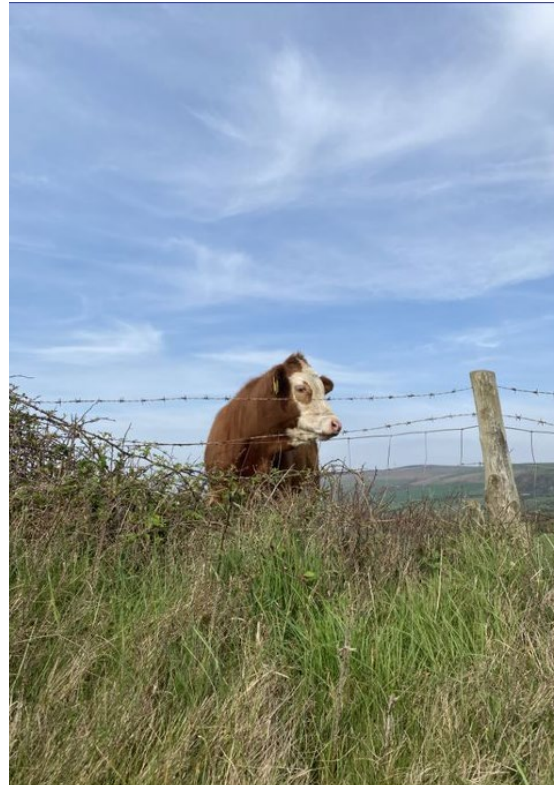


What did you have to do for this activity?

For my activity I did the 20 minute workout. I followed the instructions of the routine from the page. There was 24 poses each which I held for 40 seconds.

Would you recommend this activity to anyone? Why?

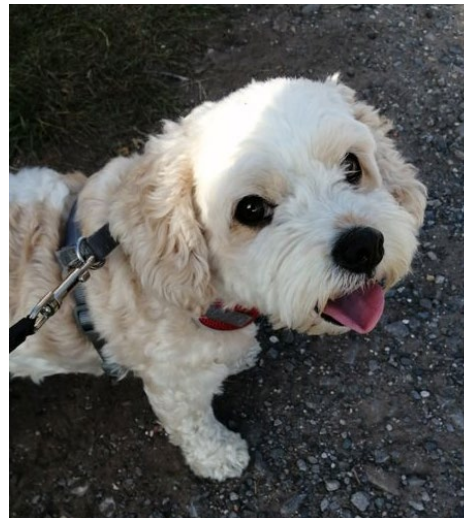
I would recommend as this activity gets you moving and it gives you a feeling of accomplishment after finishing, it helps relieve stress and is very good for you.



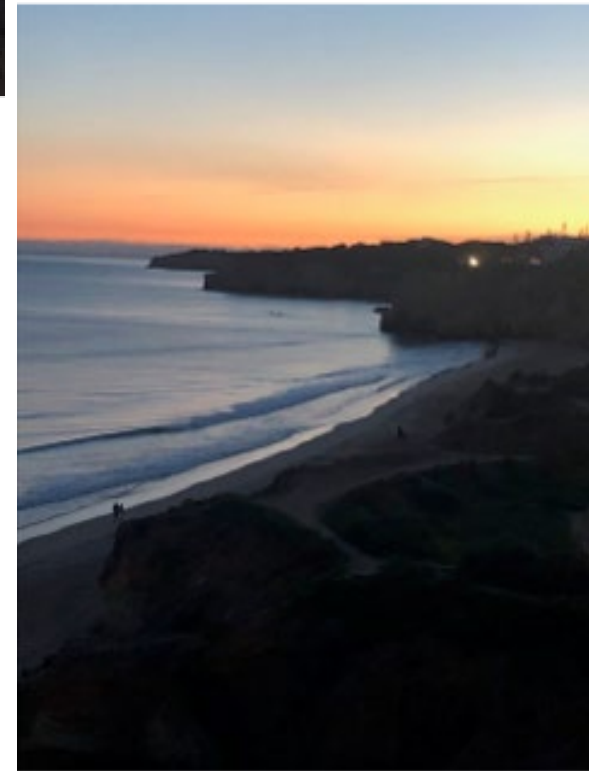
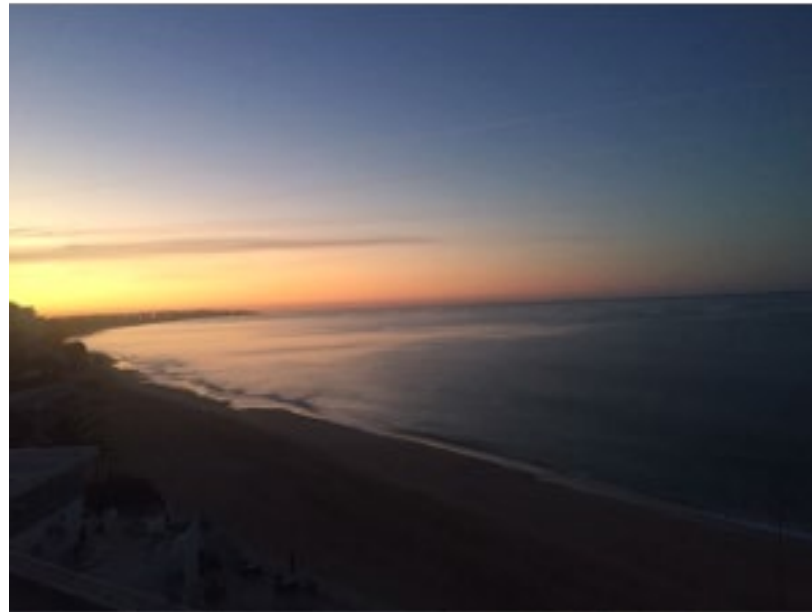
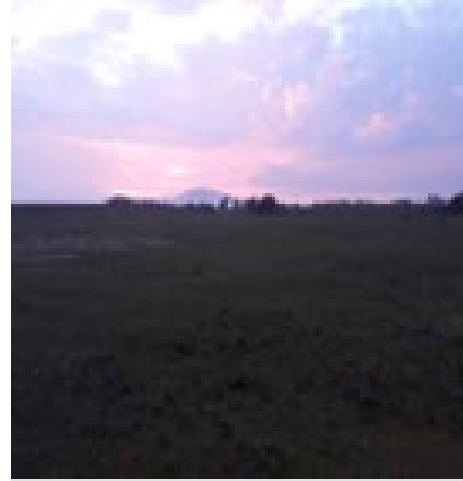
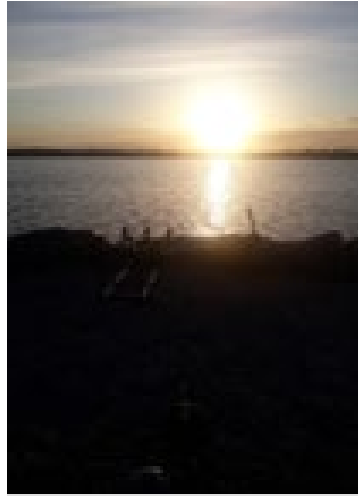
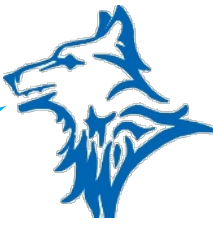
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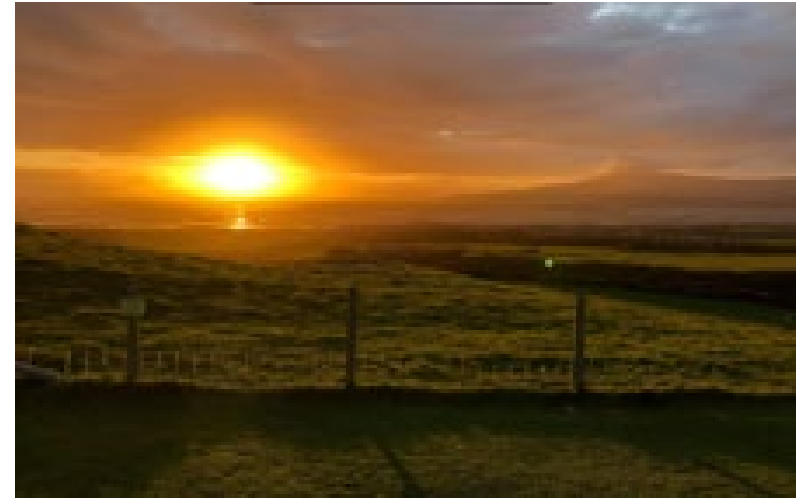
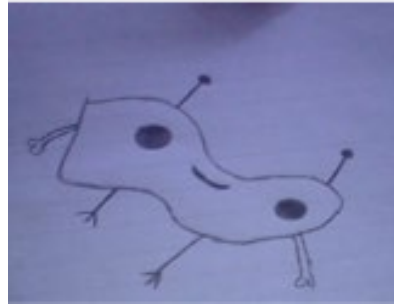
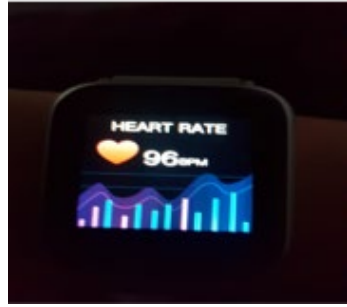
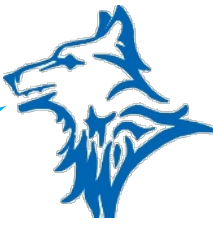
Robert



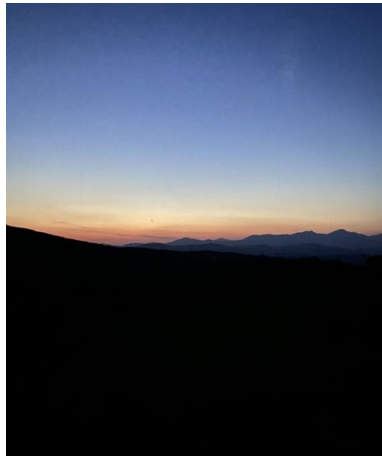
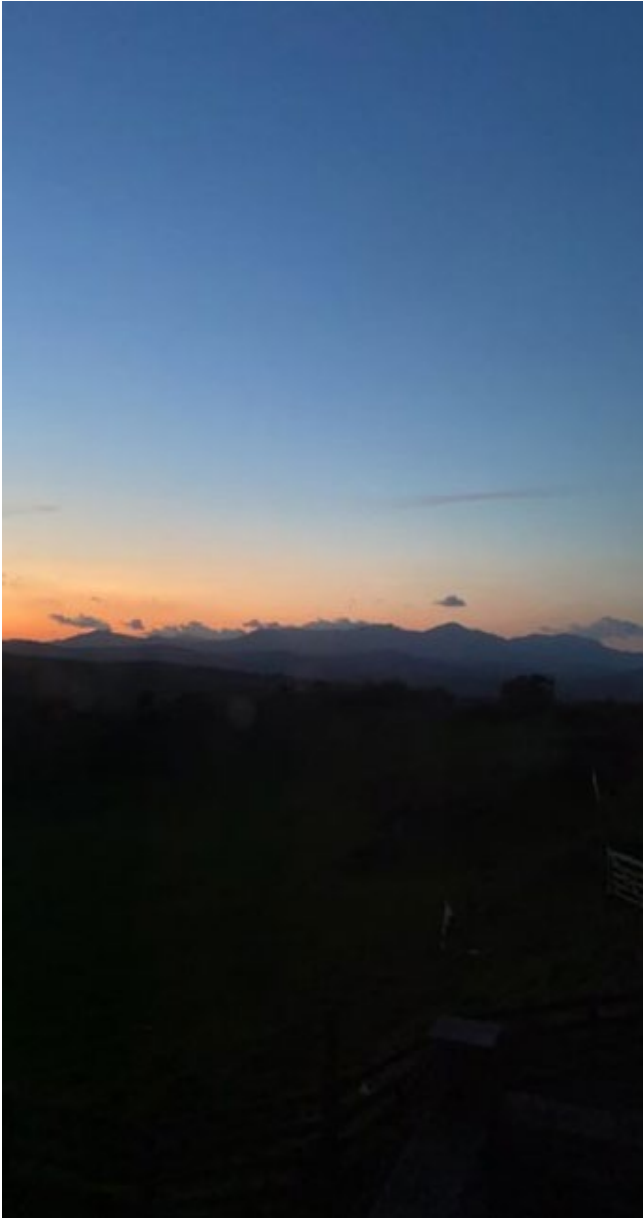
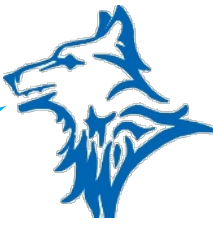
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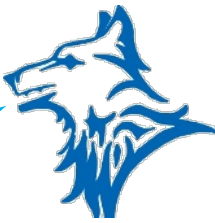
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Well done Year 8 on another jam packed week of enrichment activities!

Enrichment
Homepage:

<https://www.uvhs.uk/ks3-learning-through-enrichment>



Academic
Enrichment:

<https://www.uvhs.uk/page/?title=Y7%2D9+Academic+Enrichment&pid=526>



Coast Roads
Festival
Enrichment:

https://www.uvhs.uk/_site/data/files/curriculum/enrichment%20pdfs/E67199D669994F847B621977F045C142.pdf



National
Competitions:

<https://www.uvhs.uk/ks3-competitions>