UVHS Learning Through Enrichment

Make Fat Balls













Melt 250g lard

Weigh 500g seeds

Stir into the lard to combine fully

Portion into a tray

Or add a string to hang



Or roll by hand into balls



Carefully freeze your fat balls and wash up!

- ✓ STOP! Always as permission first and work with an adult
- ✓ The fat and hob can burn so be careful
- ✓ Different birds like different foods why not try adding frozen berries into one batch?
- ✓ More ideas here:

https://www.gardenersworld.com/how-to/diy/how-to-make-fat-cakes-for-birds/



