

UVHS Learning Through Enrichment



Write A Poem

Why should you write poetry?

Poetry can be a really healthy, artistic way to express yourself. Even if you decide not to share your work with anyone else, writing can be a form of mindfulness.

Don't know where to start?

Every poet is different and no one method will work for everyone. Looking at a blank page can be intimidating so don't be frightened to get lots of jumbled or messy ideas down on the page before you turn them into something more structured.

What should you write about?

Think about what you feel passionate about. You could write about whatever makes you really happy, angry or frustrated. Or you could take inspiration from a person, a place or even an object.

Does it have to rhyme?

No! Most poets only include a regular rhyme scheme or pairs of words that rhyme if it will help them to express their ideas. Your poem doesn't have to rhyme and the lines can be whatever length you like. You're the poet and you make those decisions!



Recommended by: *Mrs. Shaw*



Don't forget to share your progress on Teams 😊