



Year 7 Personal Development

Autumn Term 2

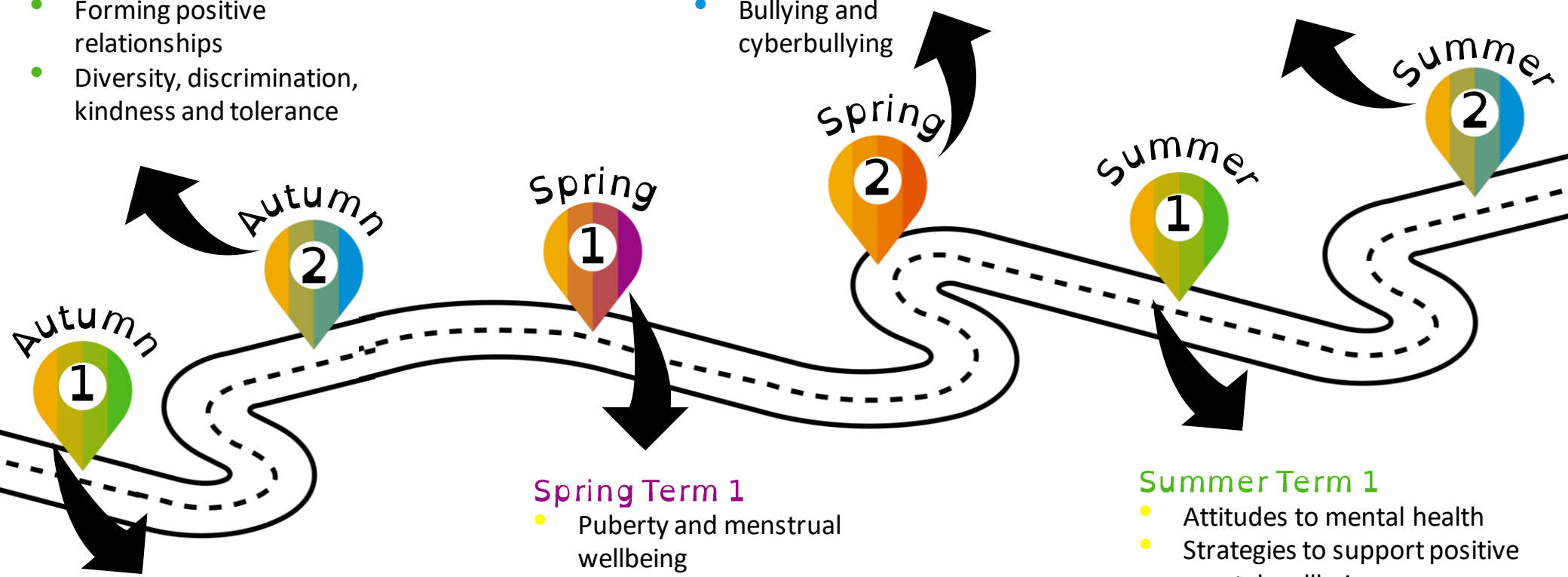
- Forming positive relationships
- Diversity, discrimination, kindness and tolerance

Spring Term 2

- Smoking
- Vaping
- Bullying and cyberbullying

Summer Term 2

- Attitudes to money and financial habits



Autumn Term 1

- Transition to secondary school
- Careers and aspirations

Spring Term 1

- Puberty and menstrual wellbeing
- Consent and social media

Summer Term 1

- Attitudes to mental health
- Strategies to support positive mental wellbeing

What will we be covering?

- Health & Wellbeing
- Relationships
- Living In The Wider World

