# Vear 10 Personal Development

### Autumn Term 2

- Relationships and equality
- Sexual orientation and stereotypes
- Understanding sexual harassment and sexual violence

#### Spring Term 2

Online presence
Gambling behaviours and managing impulsivity

spring

2

#### Spring Term 1

spring

1

- Sex, pressure and risk taking behaviour
- Pregnancy choices
- Roles and responsibilities of parents

#### Summer Term 1

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- Challenges of moving through adolescence
- Reframing negative thinking

## Autumn Term 1

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- Recognising skills for success in the workplace
- Writing a successful CV

# What will we be covering?

- Health & Wellbeing
- Relationships
- Living In The Wider World



Summer Term 2

Post KS4 options

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UVHS - Victoria Values