## PERSONAL DEVELOPMENT NEWSLETTER

**Autumn Term** 2 Edition



Don't forget to follow UVHS on Facebook!



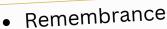
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Even though we are heading towards winter when the darker nights can feel longer and the frost on a morning adds an extra chilly spring in our step, we have lots of exciting plans this half term for our school community to join in with. Watch out for more updates on:

- Bronze DofE
- Visiting Aberystwyth University
- Black History Month
- STEM activities
- Y11 Work Ready Day
- Young People's Question Time
- "Movember" Men's Mental Health

## BRITISH VALUES

Democracy, Rule Of Law, Tolerance, Individual Liberty & **M**utual Respect



- Feeling Safe In School & Active Citizenship
- Barnardo's Mental Health Team (Y11)
- School Parliament Week
- Anti-Bullying Week
- Save The Children Christmas Jumper Day



**Upcoming Assemblies** 



## PERSONAL & DEVELOPMENT REVIEW >



It has been a very busy first half term for Personal Development. Here is a quick summary of some of our autumn highlights, and plans for the rest of the year.



Well done to the 6th Form Mental
Health Ambassadors who organised a
brilliant day raising money for **Young Minds** by celebrating and saying "Hello
Yellow!" There were lots of of different
fundraising stalls and a wear it yellow
photobooth! Thank you to all the staff
and students who helped arrange the
event, as well as M&S, Booths, Aldi,
Starbucks, The Co-op, Smyths Toys, The
Entertainer, Chippy Bank, Mr Simms and
Mount Barrow Road Petrol Station who
all donated prizes!



As always, every form in school will be making up a hamper as part of our annual donation to the local **Food Banks** on the Furness Peninsula. Look out for the item your child has signed up to donate, and get into the festive spirit on **Christmas Jumper Day** on Friday 13th December!





Students from Year 8 - 11
joined a live webinar from
the **Anne Frank** trust as
part our Black History
Month Celebrations.
Please see Miss Price for
more information about
joining the UVHS ID Club!



The UVHS Christmas Fayre will be on Thursday 12th December from 4:30pm to 6:30pm!

Join us for festive food, frolics and fun! If you would like a stall, please see the school homepage on the UVHS website.

Have you seen our **baubles** on the Christmas tree in town? They are were designed by the Y10 House Captains to represent our 6 houses, and made by Miss Dixon, // Miss Bentham and Mr Johnson.



## WHAT ARE WE LEARNING THIS HALF TERM?

Below is a snapshot of the Personal Development topics we will be covering right across the school. These are split into three threads: Living in the wider world, health and wellbeing or relationships (Incorporating statutory RSE content.) For more information about all aspects of Personal Development at UVHS, follow the link:

https://www.uvhs.uk/personal-development

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YEAR	CONTENT
7	<ul> <li>Forming positive relationships</li> <li>Diversity, discrimination, tolerance and kindness</li> </ul>
8	<ul><li>Heathy behaviours in relationships</li><li>Gender and stereotypes</li></ul>
9	<ul> <li>Consent</li> <li>Sex and the law</li> <li>Understanding and challenging gender stereotypes and misogyny</li> </ul>
10	<ul> <li>Relationships and equality</li> <li>Sexual orientation and stereotypes</li> <li>Understanding sexual harassment and violence</li> </ul>
11	<ul> <li>Work ready day and mock interviews</li> <li>Guest speaker coming soon - (postponed)</li> </ul>
12	<ul> <li>Young adult illnesses</li> <li>Monitoring my health</li> <li>My career ambitions</li> <li>Workplace legislation</li> <li>Work or study? Next steps</li> <li>Gambling awareness</li> </ul>
13	<ul> <li>Staying motivated</li> <li>Monitoring my health</li> <li>Are human rights balanced in society?</li> <li>Differences in societal values</li> <li>Preparing to live independently</li> <li>Budgeting</li> </ul>