

NAME:	LEVEL (Bronze, Silver or Gold):	TIMESCALE (No. of months forthis section):
ACTIVITY		
WHT ARE YOUR GOALS? WHAT DO YOU H	OPE TO ACHIEVE?	

Notes:

- If extra space is needed, use an additional log.
- This Activity Log is only a personal record of the time you spend on your activities for each section.
- Remember to add this information, along with scans, photographs etc. (as high resolution jpegs) as evidence into eDofE to ensure that your Achievement Pack will be a real reflection of your DofE activities.
- Download extra copies of this Activity Log, plus logs for the other sections, from www.eDofE.org or www.DofE.org/go/downloads
- For Expedition/Residential records, please refer to the Keeping Track booklet.
- You can ask your Assessor, Leader, instructor, trainer, coach, mentor etc. to initial each entry.

Date	What you did	Hours	Initials

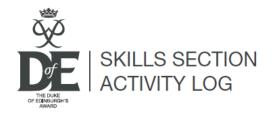


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