



ULVERSTON VICTORIA HIGH SCHOOL



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Our Ref: MHa/SMi

An exceptional school at the heart of the community

7th November 2018

Dear Parent

Over the last few days we have had a number of students experiencing vomiting and/or diarrhoea.

In order to reduce the spread of any infection we would like to take this opportunity to remind you of sensible precautions that should be taken to guard against the spread of any virus:

- Good hand hygiene is important to stop the spread of any virus, so please encourage your child(ren) to wash their hands thoroughly using soap and water and dry them after using the toilet, before preparing food and eating. Please note that all our soap dispensers in school contain antibacterial soap.
- Do not rely on alcohol gels as these may not kill any virus.

If your child does succumb to vomiting and/or diarrhoea, then they must be kept away from school for at least 48 hours after the last episode of diarrhoea or vomiting in order to stop the further spread of any virus. **However, in line with our safeguarding procedures, please leave a message on the absence line, 483900 Option 1 if your child isn't going to be in school.** It is also important that they drink lots of fluids to guard against dehydration.

For our part, we are making sure that our cleaning regimes are as thorough as possible to reduce the spread of any possible infection within the school.

Further information and advice is available from NHS 111, including an online symptom checker at nhs.uk

Yours sincerely

Mr M Hardwick
Head of School