

FURNESS SCHOOLS ATHLETICS ASSOCIATION

Cumbria Schools Athletics Championships

Saturday 8th June 2019

Copeland Athletics Stadium, Whitehaven

Name..... School.....

Age group..... Events.....

Congratulations on your selection for the Cumbria schools athletics championships where you will represent the Furness Schools team.

1, TRAVEL

The coach has been booked and pick up points and times are as follows;

Rating Lane (Outside Barrow Sixth Form) – 7:30am

Tudor Square, Dalton – 7:35am

Ulverston Victoria High School – 7:45am

If students travel up with parents it is their responsibility to get to the championship well in advance of the students event – at least 40 minutes. On arrival you will have to find Mr Procter, The Furness team manager (find the Furness flag) to collect your number. Please be aware that the programme and times can and will change on the day depending on how fast the competition progresses and that some heats may be run as finals depending on numbers. A provisional timetable has been attached for your information.

Athletes can leave the event with parents once their event has been completed, although this should be arranged with your member of staff before the event.

2, COST

The cost of entry for the Championships is £5.00 per student (regardless of how many events students are competing in) - please can student make sure that they make payments to their PE teacher.

There will be a charge of £10 per athlete travelling on the coach. This can be paid on the day, or beforehand if you prefer.

3, KIT

Please bring your normal school kit that you compete in, plus plenty of **warm/waterproof clothing** (as it can still be wet in the summer). I would also recommend that you bring sun cream; a sun hat and something comfortable to sit on, as it can be a long day!

We no longer have enough yellow vests for students to use at this event so students **MUST** please also bring their own school vest/polo shirt. You may wear spikes (which should be no longer than 7mm).

4, FOOD

Light refreshments may be available to buy at the event, but students are strongly advised to bring their own food. I would also recommend that students bring plenty of fluid to drink.

5, PROGRAMME/NUMBERS

Numbers will be provided at the event by your team manager. **Please bring 8 safety pins as you may be required to wear a number on the front and back of your vest.**

6, FITNESS/UNAVAILABILITY

If you are unable to compete for any reason you must inform your PE teacher as soon as possible. If you have told your PE teacher that you would like to be entered for the event and you fail to compete your school will still be charged for your entry and any transport cost.

7, SELECTION FOR CUMBRIA

Please be aware of the following dates if you gain selection for the Cumbria team so that they can notify the County Association of your availability after the race.

Saturday 15th June – Northern Schools Inter-Counties Championships at Gateshead Stadium

Friday 12th/Saturday 13th July – E.S.A.A Nationals at the Alexander Stadium, Birmingham.

N.B. Competitors who finish in the **first Three** in the final of their event **MUST** report **immediately** to **Mrs. Turner** in the conference room to receive information regarding selection to represent Cumbria at forthcoming events above.

Please sign and return this page along with your £5 entry fee to the PE Department

I give permission for to attend the Cumbria Schools Athletics Championships on Saturday 8th June 2019

Signed.....Parent/Guardian

Medical requirements (if any)

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Emergency contact name/s.....

Contact number/s.....

Please tick how they will be travelling to/from the event on 8th June (Coach departure times and cost to be confirmed nearer the date);

Team Coach

☐

Own transport

☐

