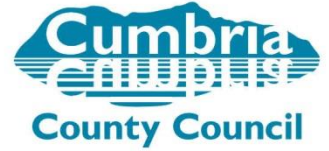




The Library Edit



Issue 2 – 28th April 2020

Here's our second edition, containing some of the best websites and online resources to get you through lockdown – all chosen by library staff, and helpfully grouped by theme.



Words, Words, Words

If books and reading are your thing, we have some more recommendations for you this week, and with suggestions for adults as well as children, there is something for everyone.....

The Big Book Weekend (BBW) update

Last week we brought you exciting news of this upcoming online book festival, which will take place between 8th – 10th May. The full line-up has now been released, and what an amazing 3 days it will be – The Library Edit team will be glued, and we are sure you will be too!

Full details here:

<https://bigbookweekend.com/programme>

To sign up for free to watch BBW events, register here:

<https://myvlf.com/>

Bookgig

The Bookgig website offers a directory for the fantastic choice of live online festivals, gigs and events with bestselling authors for adults, young people and children. Upcoming live events planned for May include David Baldacci, Robert Webb and Adele Parks.

<https://bookgig.com/>

Calibre Audio offers a digital library service which is free to join for everyone who has a print disability and is prevented from reading due to sight loss, MS, MND, Dyslexia, ME, brain injury or any other disability. Their digital library service includes 11,500 unabridged audiobooks and over 3,000 titles specifically for children and young people, available on streaming, download, memory stick and MP3 CD

<https://www.calibreaudio.org.uk/>

Cumbria Library Service Online Book Club

We have launched our first ever virtual bookclub - join us on Facebook and on Twitter to discuss books, and generally have a natter. Staying socially connected is very important for keeping up morale and for supporting everyone's mental health as we adjust to this new way of living, so why not try our new virtual Reading Group - keep in touch and keep reading whilst social distancing! A title a month will be chosen, available in ebook and eaudio format on our Borrowbox platform.



@CumbraLibraryService



@Cumblibraries

Borrow eBooks and eAudiobooks online or with our library app.



Author **Anthony Horowitz** has announced that he will share the writing process of his new Diamond Brothers book, *Where Seagulls Dare*, with children, online via his website. Readers will be invited to give him feedback and chapters will be shared as the lockdown continues, with the full, finished novel set to publish with Walker in 2021. Read the chapters as they appear here:

<https://www.anthonhorowitz.com/news/story/where-seagulls-dare-diamond-brothers-read-the-first-chapter-now>

National Literacy Trust - The Book Of Hopes : Words and Pictures to Comfort, Inspire and Entertain Children In Lockdown

Completely free for all children and families, this extraordinary collection of short stories, poems, essays and pictures has contributions from more than 110 children's writers and illustrators. It is dedicated to the doctors, nurses, carers, porters, cleaners and everyone currently working in hospitals.

<https://literacytrust.org.uk/family-zone/9-12/book-hopes/>


And finally, don't forget the **Cumbria Library Service** website, where library members can access a range of online services including FREE ebooks, eaudiobooks, digital magazines, comics and newspapers

www.cumbria.gov.uk/libraries

.....and if you are not a library member you can access these services right away by joining online here: www.cumbria.gov.uk/libraries/services/membserv.asp



Outside, Inside

Experience the great outdoors, inside, as you #StayHome 

Steve Backshall

Tune in every Wednesday morning at 9.30am as the TV Nature presenter goes live on his Facebook page to talk about his favourite subject....wildlife!



@stevebackshallofficial

You can also see recordings of his previous live sessions on YouTube here:

https://www.youtube.com/channel/UCm-URP49TgSgyIU1rgh2m7A?fbclid=IwAR3xueN_W5p0AjM-x0VYGdVb2MgD-uqS1YL3yUbYXIIPy9RbXKaGqxNkKIE

Explore

The largest live nature cam network has everything from gorillas to flying foxes, great horned owls, wild dolphins or sea otters. Enjoy the natural world raw, unscripted and unedited as it unfolds in real time from Kenya, Africa to the riverbanks of Katmai, Alaska and everywhere in between.

<https://explore.org/livecams>

National Geographic

Daily quizzes, videos, science experiments and even at-home classroom resources to inspire family exploration of the natural world

https://www.nationalgeographic.com/family/at-home-education-resources?cmpid=int_org=ngp::int_mc=website::int_src=ngp::int_cmp=natgeoathomeglobal::int_ad=natgeoathomeglobal

Seterra

Online map quiz games, covering both Europe and the U.S

<https://online.seterra.com/en/vgp/3007>

Tutorful

A great list of top Geography websites, YouTube videos, and resources

<https://tutorful.co.uk/blog/learning-geography-useful-websites-and-resources-that-will-rock-your-world#BestGeographyYouTubeChannels>

Woodland Trust

10 simple nature activities for kids to do at home

<https://www.woodlandtrust.org.uk/blog/2020/03/kids-nature-activities-self-isolation/>



Learning

Links to learning...

Here are some good websites and apps to look at to find fun, free activities for your children while they're learning from home

Puffin Schools

To support teachers, parents and caregivers now tackling home-learning, the Puffin Schools website has been restructured to make Puffin books and resources accessible to children who need them. A huge collection of easy to discover resources to bring stories to life, including bite size activities and new categories such as Writing Prompts, Activity Ideas and Picture Book Packs.

<https://www.puffinschools.co.uk/>

Small Talk

Chat, play and read activities aimed at 0-5 years

<https://small-talk.org.uk/>

First Palette

A large collection of free printable resources and craft activities for children, parents and teachers, and great ideas for creative learning activities for early years/primary age children.

<https://www.firstpalette.com/>

Authorfy

Free access to children's creative writing activities led by authors, including a 10 minute creative writing challenge. Suitable for primary and secondary school children.

<https://authorfy.com/>

The Big History Project

Aimed at secondary school level, this site is a joint effort from teachers, scientists and other experts bringing a multi-disciplinary approach to history.

<https://www.bighistoryproject.com/home>

Duolingo

From Spanish to Japanese, learn a language for free via the website or by downloading the mobile app. For primary age children up to adult.

<https://www.duolingo.com/>

Blockly

Helps primary and secondary school students learn computer programming skills in a fun way.

<https://blockly.games/>

Reading, rhyming and other fun stuff...

Tom Hardy Storytime

Tom Hardy is back to read 6 new picture book stories on CBeebies from 27 April – 1 May.

<https://www.bbc.co.uk/mediacentre/latestnews/2020/tom-hardy-bedtime-stories?fbclid=IwAR0JtFaicMiZ8XwafegnReSCx7WFfrqyqKAE95t0mK413fwC9oPSengBMgk>

Book Ideas Hub (World Book Day)

Fun crafty ideas and book-related resources that all the family can enjoy. Updated constantly over the coming weeks with great ideas to inspire younger and older readers alike.

<https://www.worldbookday.com/2020/03/book-ideas-hub-brilliant-stay-at-home-ideas-free-resources/>

Blue Peter Badges

Competitions and tasks to win Blue Peter badges

<https://www.bbc.co.uk/cbbc/joinin/about-blue-peter-badges>

Remember to follow **Cumbria Libraries** and **Cumbria Library Services for Schools** on Facebook, Twitter and Instagram for daily updates on great online resources to help you and your child learn and have fun at home, plus story times, rhyme times and book reviews brought to you by our fantastic library staff!

The banner features a blue background with a white curved shape at the top. Above the curve, three smartphones are shown displaying audiobook interfaces. The text on the banner reads: 'eAudio Library Support', 'Enjoy unlimited free access to uLIBRARY until July 31st', and a paragraph explaining the offer: 'For over 50 years, Ulverscroft have provided books to those that have needed them the most. Now during this difficult time, the escapism provided by literature is needed more than ever. Until July 31st we're pleased to announce that we are making uLIBRARY free to access for all libraries.'

eAudio Library Support

Enjoy unlimited free access to uLIBRARY until July 31st

For over 50 years, Ulverscroft have provided books to those that have needed them the most. Now during this difficult time, the escapism provided by literature is needed more than ever. Until July 31st we're pleased to announce that we are making **uLIBRARY** free to access for all libraries.

Our library doors are currently closed but you can still access 500 audiobooks from the comfort of your home through uLIBRARY. Register for free at www.ulibrary.net/register and download the app to start listening. #TakeYourLibraryAnywhere



Health and Wellbeing

Useful websites to support your health and wellbeing, as well as telephone and helpline information

The 2.6 Challenge

Join in with the 2.6 Challenge to help save the UK's charities. Whatever your age or ability, you can take part. They're not looking for superheroes, but for Home Heroes, to help those charities who would have benefitted from The London Marathon, had it run, and who have had to reduce or stop services at a time when vulnerable members of society need them most.

Press-ups, hula hooping, online workouts, chair exercises – they all count!

https://www.twopointsixchallenge.co.uk/?mc_cid=f75db66bc1&mc_eid=8167ab5798

#StayInWorkOut with Active Cumbria

And if you are looking for ideas for the 2.6 Challenge.....Active Cumbria have brought together a brilliant list of online exercise websites into one handy place. The recommended sites are for different ages and abilities, to keep you active in and around your home. There literally is something for everyone here!

https://www.activecumbria.org/behealthybeactive/stay-work-out/?mc_cid=f75db66bc1&mc_eid=8167ab5798

Paths for All

This Scottish charity, which usually delivers health walks, has devised some top tips to help you make the most of your one hour a day social distancing walk.

https://www.pathsforall.org.uk/tip-and-story/walking-during-periods-of-social-distancing?mc_cid=f75db66bc1&mc_eid=8167ab5798

Silloth Virtual Walk

Simon McCall, a Walk Leader for Walking for Health, has put together a short virtual walk of Silloth, in Cumbria, located on the shores of the Solway Firth

https://poly.google.com/view/3GuP-XttM8M?mc_cid=f75db66bc1&mc_eid=8167ab5798

COVID-19 EMERGENCY SUPPORT HELPLINE

Only for people at high risk of becoming seriously ill as a result of COVID-19, who do not have support available from friends, family or neighbours and are struggling for food, medicines or other essential supplies.

0800 783 1966 or **COVID19support@cumbria.gov.uk**

Full details can be found online at cumbria.gov.uk

Provided by Cumbria County Council and partners including District Councils, CVS, Cumbria Community Foundation, community and voluntary sector, and private sector.



SUPPORT EACH OTHER
#TogetherWeCan

Domestic Abuse Support Services Cumbria during COVID-19

To report: Cumbria police
non-emergency T: **101**
or online www.cumbria.police.uk,
in an emergency always call **999**

**No one should
suffer
domestic abuse.**

If you are at risk or experiencing
abuse help and support is available.
For more information contact:

VICTIM SUPPORT CUMBRIA

Telephone Support - Local number 0300 3030 157 Mon-Fri 9-6pm

Self Help Guides - 'My Support Space' online guides

Live On-line Chat - available on-line 9am-6pm, Monday to Friday
www.victimsupport.org.uk/help-and-support

24 Hour Support Line 08 08 16 89 111

LOCAL

National Childline T: 0800 11 11

Safety Net - for women and men affected by Domestic Abuse T: 01228 515859 E: office@safetynet.org

Gateway 4 Women - Carlisle T: 01228 212090 E: admin@cumbriagateway.co.uk

Springfield Domestic Abuse Support - South Lakes T: 01539 726171 E: cs@springfieldsupport.org

Women Out West - Whitehaven T: 01946 550103 E: contactus@womenoutwest.co.uk

Women Community Matters - Barrow T: 01229 311102 E: reception@womenscommunitymatters.org

NATIONAL

National Domestic Abuse helpline 0800 2000 247

LGBT Domestic Abuse Victims - T: 0800 999 5428

Mankind Initiative - T: 01823 334 244

National Child Line - T: 0800 11 11

**Safer
Cumbria**

Cumbria Safeguarding Children Partnership



Are you concerned about a child?

**We are all living in unprecedented times, it is
really important that we look out for each other
and support each other in our communities.**

This will be a difficult time for lots of families,
and they may be making different care
arrangements for their children. Families
may experience added stress at this time,
with added financial pressure or isolation
from support networks. These issues
can add a great burden onto families
and children and young people
could be at increased risk of harm
during these times.



**If you are concerned about a child
or young person who you believe might be at risk
of harm, please contact:**

**The Multi Agency Safeguarding Hub on
0333 240 1727 or NSPCC 0800 800 5000.**



**If you believe a child is at risk of immediate
danger dial 999 and speak to the Police.**



cumbriasafeguardingchildren.co.uk



Culture Vulture

If you are interested in music, art, theatre, galleries, museums and all things cultural, these are “must visit” websites.....

National Theatre Live At Home

A new play released every Thursday with bonus cast and creative content. Watch *Frankenstein*, directed by Danny Boyle and starring Benedict Cumberbatch, from Thursday 30 April 2020.

<https://www.nationaltheatre.org.uk>

Secret Sofa from Secret Cinema

Dress up each Friday night and stay in to watch some of the greatest films alongside thousands of others - Baz Luhrman's *Moulin Rouge* is showing this week on 1 May 2020.

<https://www.secretcinema.org/secret-sofa>

Recommended by the Royal Academy...

Nine top-notch virtual exhibitions to watch online from the comfort of your home.

<https://www.royalacademy.org.uk>



In this month's issue of BBC History magazine, don't miss the VE Day special which explores the moment of victory told through the voices of soldiers and civilians who experienced it. Read it now on the #RBdigital app. Available from www.cumbria.gov.uk/libraries



Make it, Think it, Share it, Do it

Be inspired and get creative, with these amazing websites.....

Great British Bunting

On Friday 8 May 2020 Britain will be commemorating the 75th anniversary of VE Day when the guns fell silent at the end of war in Europe. However, due to the coronavirus restrictions most VE Day 75 events and street parties have had to be cancelled or postponed. This site contains all the templates and step by step instructions you need to make your own special VE Day 75 'Great British Bunting' to display in your window at home to mark the occasion and honour the men and women of WW2. The site also tells you how to upload your bunting pics to the BBC website

<https://www.bbc.co.uk/programmes/articles/4TrqYDyf4PMdLypxzyTwGDg/great-british-bunting>

Grayson's Art Club

A not to be missed opportunity to [find out how you can](#) unleash your creativity with one of Britain's leading artists – Grayson Perry will help you find your inner artist during lockdown on Channel 4 and on the Channel 4 website.

<https://www.channel4.com/programmes/graysons-art-club>

Sadler's Wells Theatre

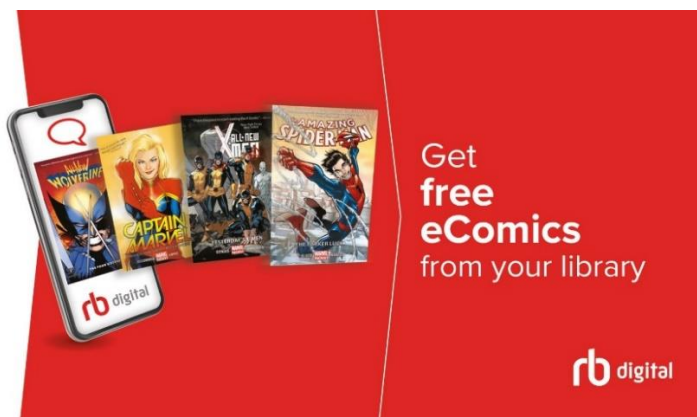
Fun family Dance Workshop for children aged 2-6 years.

https://www.youtube.com/playlist?list=PLAC0ZTI5pkuzlbdGtV_-bimq6JL5ArVit

Access Art

Fabulous tutorials (from the people who know how to make teaching resources) to share visual arts inspiration at home.

<https://www.accessart.org.uk/>



Get
free
eComics
from your library

rb digital

Available from www.cumbria.gov.uk/libraries



Watch, Look and Listen

Apps, Podcasts, and TV shows with real screen-appeal.....

Apps

YouTube Kids App

This app has a dedicated learning category, collating great videos about science, nature, space and other topics – aimed at early years/primary age children.

https://play.google.com/store/apps?hl=en_GB

Podcasts

Adult



Read On : The Audiobook Show (RNIB)

A weekly show recorded at the RNIB talking book studios. Talking to favourite adult authors and narrators. Also **RNIB Tech Talk** podcast for blind and partially sighted people who are interested in accessible technology. **RNIB Connect** reports in podcast form from RNIB Connect radio. **RNIB Sport** for blind and partially sighted

people interested in sport.

<https://audioboom.com/channel/readonair/playlists>



The Penguin Podcast

Conversations with some of our leading authors and creative thinkers, as we seek to understand how they write and where their ideas come from. Guests bring to the interview a handful of objects that have inspired their work. Promising to "bring to life the stories behind the books to understand where ideas come from". Penguin

Random House Audio, which won two Gold Awards at the New York Festivals Radio Awards last night (21st April), explained it was increasing the frequency of its podcast in light of "a rise" in recent weeks in podcast listening as a result of people spending more time at home. Upcoming confirmed guests include Curtis Sittenfeld, Mark Gatiss and David Harewood.

<https://play.acast.com/s/thepenguinpodcast>

Children



Fun Kids Book Club Children's radio station Fun Kids meet and interview top authors who talk about their books and read chapters from them. Recent podcasts include Michael Rosen, Julian Clary, David Walliams and Tom Fletcher.

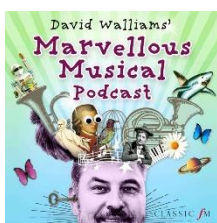
<https://www.funkidslive.com/podcast/fun-kids-book-club/#>



The Week Junior Show

Behind the scenes of the award winning current affairs magazine for 8-14 year olds. Debate about the week's hot topics and in 'Real or Rubbish' discover whether news is fake or the real deal.

<https://www.funkidslive.com/podcast/the-week-junior-show/>



David Walliams Marvellous Musical Podcast (Classic FM)

David Walliams goes on a fun, musical journey of discovery meeting some of the most famous names in the history of music. For children and families to enjoy.

<https://www.classicfm.com/music-news/david-walliams-marvellous-musical-podcast/>

Television

Richard & Judy: Keep Reading and Carry On

Starting on 4th May at 5.30pm. Produced by Label1, it will be a "fast turnaround" five-part series, airing over one week. Shot from their home, the TV hosts will discuss new releases and share their top recent reads. Aimed at adults.

<https://www.channel4.com/press/news/richard-and-judy-return-channel-4>

Jamie Oliver: Keep Cooking and Carry On

Channel 4 series of easy recipes, cooking tips and ingenious hacks for stay at home cooking. All ages.

<https://www.channel4.com/programmes/jamie-keep-cooking-and-carry-on>



Available from www.cumbria.gov.uk/libraries