

# Stay Wild Every Day In June!





**30**  
**DAYS**  
**WILD**  
1<sup>st</sup>-30<sup>th</sup> June

Are you ready  
to go  
**WILD**  
for 30 days?





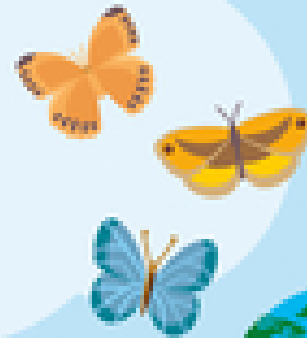
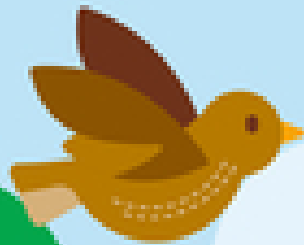
# The UK's Biggest Nature Challenge!

The Wildlife Trust challenge you to do **one wild thing a day** throughout the month of June!

That's 30 simple, fun and exciting **Random Acts of Wildness!**  
Over 100,191 people have signed up around the UK already and it would be great if KS3 at UVHS got involved too!



What Is  
30 Days  
Wild?



#30DaysWild

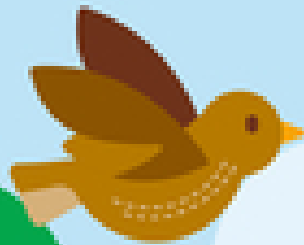


# Kickstart Your Wild Month with a Really Wild Breakfast!

On 1<sup>st</sup> June you may be on holiday but why not jump straight into your **#30DaysWild** by taking your morning cereal, toast, or cup of coffee into your garden or local green space and enjoy the fresh air. While you're there, see what wildlife you can spot or use the **Wildlife Trust Really Wild Breakfast Placement** to help you.



**BIG Wild  
Breakfast!**



**#30DaysWild**

On your **Enrichment Page** you will find a link to the **#30DaysWild** activities.

Your form tutor may want you to have a go at this as a class and use the Progress Tracker or you can fill a Wild Calendar in yourself.



# What Can You Do?



#30DaysWild

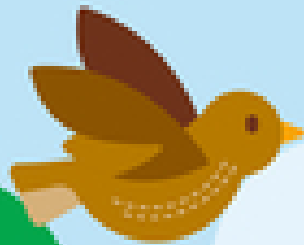




On your **Enrichment Page** you will find a link to the **#30DaysWild** activity passport too.

It is full of quick activities and ideas to help you stay wild inside when the weather isn't great and outside when the sun is shining!

What Can  
You Do?



#30DaysWild





## your passport to month!

Use it as you wish – for inspiration, or as a full plan for your month. Most of these activities are simple, while others take a bit of forward thinking. We've also marked activities with #30by30, which means they'll work for 30% of land and sea in the world by 2030. Remember, when you're using your Random Acts of Wildness on social media, make sure to use the hashtag #30by30!

Enjoy your breakfast al fresco for the Big Wild Breakfast!



Take action for insects by planting wildflower seeds ([wildlifetrusts.org/action-for-insects](http://wildlifetrusts.org/action-for-insects))

#30by30

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Explore a Wildlife Trust nature reserve ([wildlifetrusts.org/nature-reserves](http://wildlifetrusts.org/nature-reserves))

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Sketch something from nature

Go on a mini litter-pick



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Read a wild book, blog or poem



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Take a photo, or video, of your own Nature camera (mynature.net)

Attend a place

Listen out for birdsong and learn some of the calls



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Create a log pile for bugs and beetles



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Follow a bumblebee



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Make a map of local wildlife

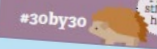


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Watch a wild webcam ([wildlifetrusts.org/webcams](http://wildlifetrusts.org/webcams))

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Help create a hedgehog highway



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Set up camp, in or outdoors ([wildlifetrusts.org/big-wild-weekend](http://wildlifetrusts.org/big-wild-weekend))

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Watch the sunrise or sunset

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Identify a wildflower



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Go barefoot - connect to the earth



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Switch a household product to a green one



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Write to your MP about why nature's recovery is important to you ([wildlifetrusts.org/write-your-mp](http://wildlifetrusts.org/write-your-mp))

#30by30

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Exercise outside



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Choose a colour and look for it in nature



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Donate to a nature appeal or sign a petition

#30by30

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Hug a tree



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Lie on the floor and look for shapes in the clouds



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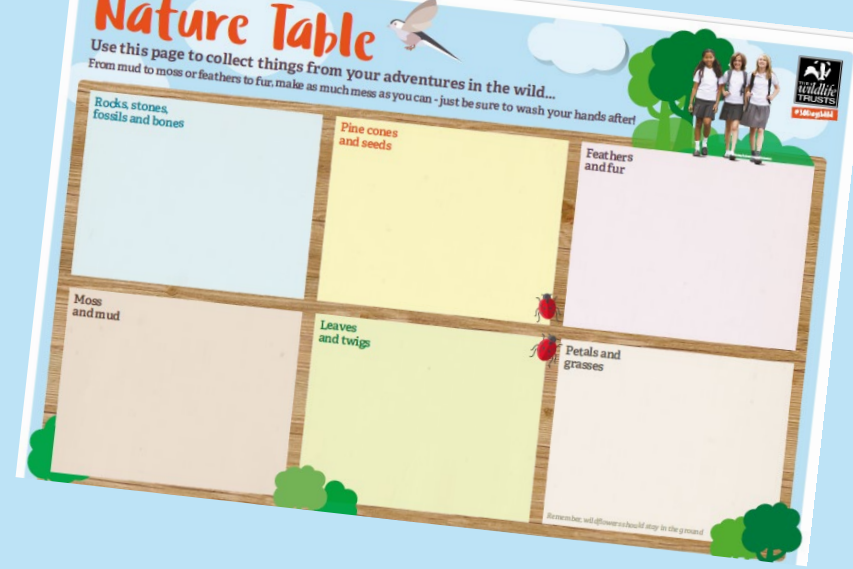
Reflect on how nature has made you feel the past month

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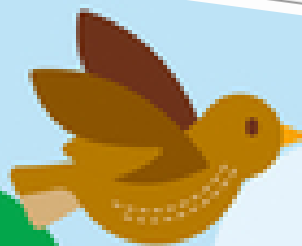
Yay! You've completed #30DaysWild!

Celebrate by downloading your 30 Days Wild completion certificate from [wildlifetrusts.org/30dayswild](http://wildlifetrusts.org/30dayswild) (available 30 June), or head to [wtru.st/30dw-badges](http://wtru.st/30dw-badges) to purchase your very own badge.





Things to try at home on your Enrichment Page ☺

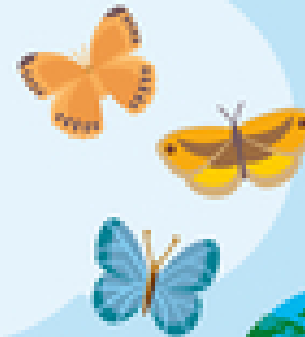
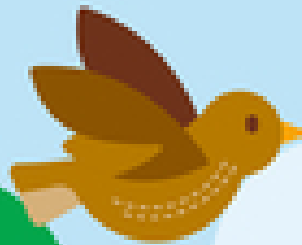






**30 Days Wild** is a fun and simple app, available on iPhone and Android. It offers **101 'Random Acts of Wildness'** for inspiration, enabling you to select wildlife activity ideas from beautifully photographed wildlife cards. You can share activities and inspiration on social media, through direct messaging or email to friends and family too ☺

Why Not  
Download  
The App?



#30DaysWild



FRIDAY 18 JUNE

Live talk:  
Authors  
Inspired by  
Nature

SATURDAY 19 JUNE

Big Wild  
camp-out

SUNDAY 20 JUNE

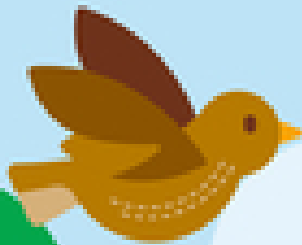
Big Wild Quiz

Keep checking the **Wildlife Trust** website and your **Enrichment Team** for more information about the **REALLY Wild Weekend!**

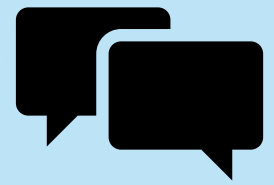
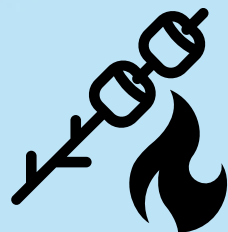
Plan a Wild Weekend with your friends and family by:

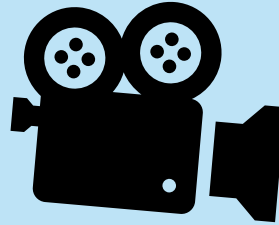
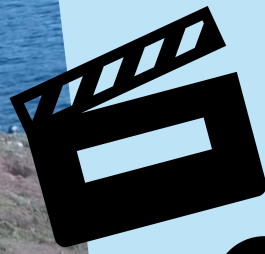
- Join in on Friday 18<sup>th</sup> to live talks to download and stream online inspired by nature
- Plan a BIG wild camp-out with your friends and family on Saturday 19<sup>th</sup> June
- Test yourself on the BIG wild quiz on Sunday 20<sup>th</sup> June too!

The BIG  
Wild  
Weekend!



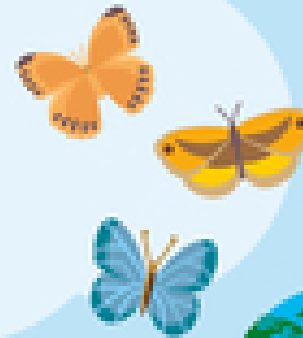
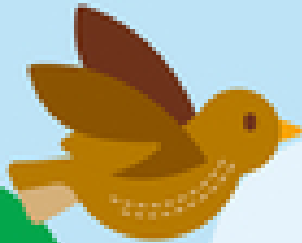
#30DaysWild





**There are over 20 different animal webcams set up by the Wildlife Trust for you to watch at anytime. Some of them are a lot closer than you think such as seal spotting on Walney!**

**Why Not  
Check Out The  
Animal  
Webcams?**



<https://www.wildlifetrusts.org/webcams>



Have fun  
keeping wild in  
June!

