

### **Important information about Lateral Flow Tests at home**

As you are aware, we have conducted two Lateral Flow Tests in school at the start of the year, as required by the government. The excellent behaviour of the children, the organisation and dedication of UVHS staff and the generosity of the community with their time has made this process extremely successful. After the second test in school the testing moves to the home.

The ultimate aim of LF testing is to break the chain of transmission of COVID-19. As many as one in three people with COVID-19 show no signs of having it. Testing helps us to identify and isolate more asymptomatic people who test positive and are therefore, more likely to spread the virus, at the same time as minimising disruption for those who test negative. This does not replace symptomatic testing. If you have symptoms, you should self-isolate immediately, book a PCR test and follow national guidelines.

- From **Thursday 9<sup>th</sup> September**, pupils will be issued with test kits (one box holds 7 tests). *This process is voluntary.*
- These tests are for pupils **ONLY**, not members of their family.
- Pupils should test on **Sundays** and **Wednesdays** each week (beginning on Wednesday 15<sup>th</sup> September).
- A spare copy of the instructions is available on the UVHS website <https://www.uvhs.uk/lf-home-testing> .
- A helpful 'How to' video is also available on the school website or on YouTube - <https://youtu.be/S9XR8RZxKNo?list=PLvaBZskxS7tzQYIVg7lwH5uxAD9UrSzGJ>
- There is no need to keep used test equipment after the test result has been reported. You should put it in your normal bin (household waste).
- Results must be reported in one of the following ways -

**NEGATIVE**      Report either online at [www.gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result) or call **119**.

**POSITIVE**      Report either online at [www.gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result) or call **119**.  
Self-isolate and book a PCR test to confirm the result.  
**Please contact school to let us know that your child has tested positive and will self-isolate.**

**VOID**      Do another test straight away. If this is also "void", report either online at [www.gov.uk/report-covid19-result](https://www.gov.uk/report-covid19-result) or call **119**.  
Self-isolate and book a PCR test to confirm the result.  
**Please contact school to let us know that your child has had two void tests and will self-isolate.**

Anyone testing positive, or with two void tests, will need to self-isolate. They should book a PCR test as soon as possible and can return to school if the PCR result is negative. Contact tracing is now being completed by NHS Test and Trace and they will phone you to determine who may have been a close contact.

The rules on self-isolation for close contacts and family members changed during the summer. The latest guidance from the NHS is available here <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>