

Year 9
Enrichment
Week 4



What enrichment activities have Y9 been up to this week?



TIME

00:19:40

AVG SPEED

9.18

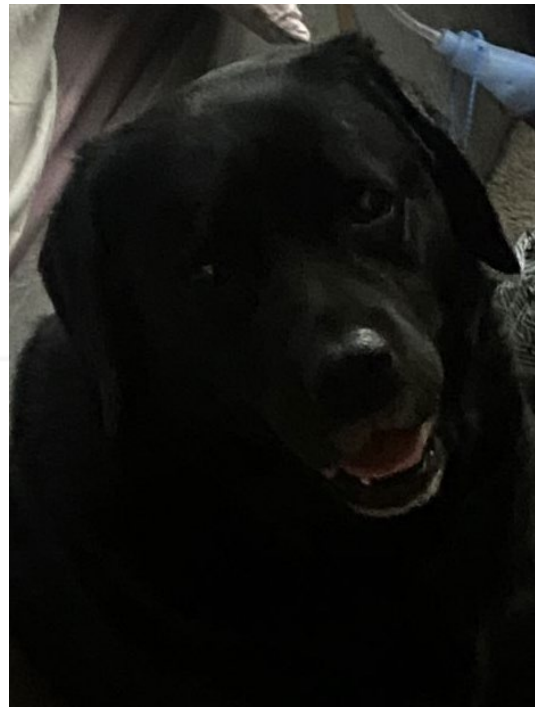
KM/H

DISTANCE

3.01

KILOMETERS

"I learnt how to change a screw bulb by just by making sure the bulb was cool, unscrewing it and replacing the bulb by just screwing it back in."



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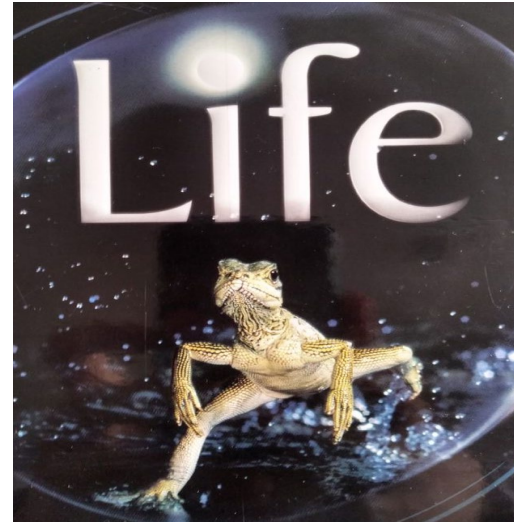
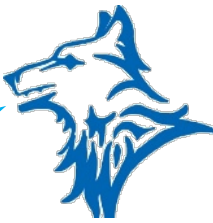


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	What did you have to do for this activity?	Did anyone help you or take part?
	<p>For this week's enrichment I went plogging. Plogging is the cross between jogging and litter picking. I first started plogging in lock down and do it most weekends.</p>	<p>I sometimes go on my own but mostly I take the dog, and this time my mum came too – she took the photos.</p>
<p>How did this activity make you feel?</p> <p>I like to go jogging and when I got a proper litter picker in lockdown it always goes together now – Lindal, where I live, is a very clean and tidy village – I am not the only one who enjoys plogging here.</p>	<p>Would you recommend this activity to anyone? Why?</p> <p>I would recommend this to everyone – it's a really good way to exercise and help to keep the place where you live litter free.</p>	<p>Has this activity inspired you to try something else relating to it?</p> <p>I have started to pick up micro plastics and tiny pieces of litter to stop them being washed down the drains and into the water ways which is dangerous for aquatic life, but you can't jog and do this as you must go slowly.</p>

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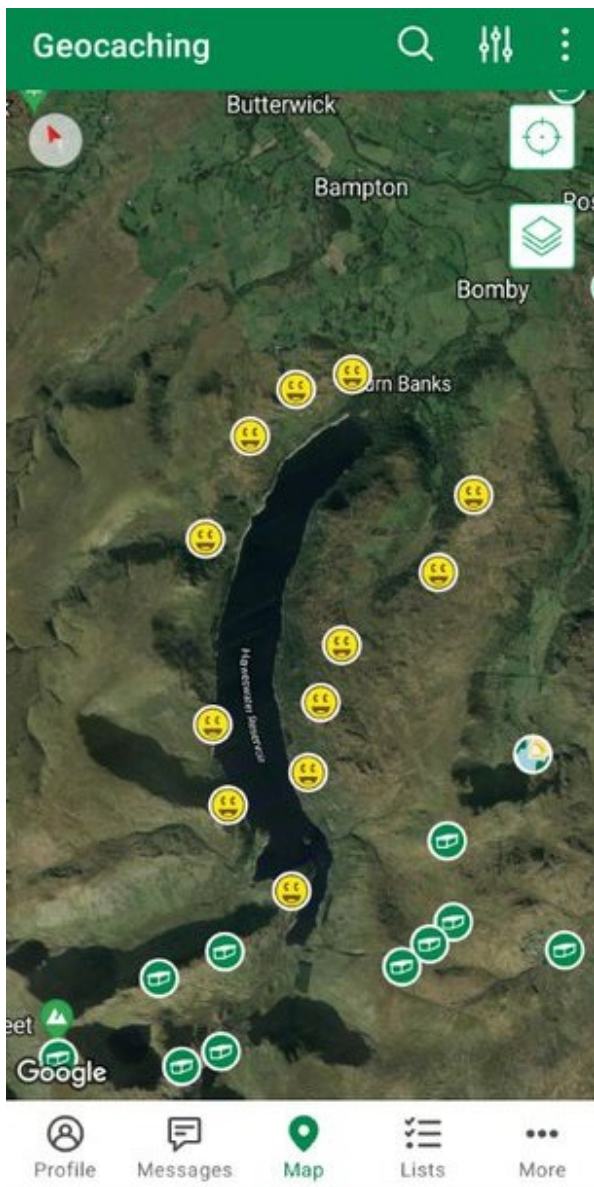
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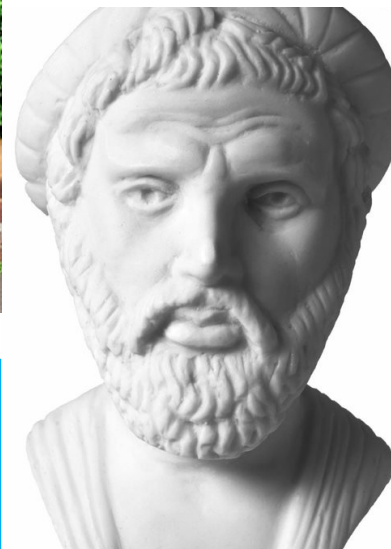
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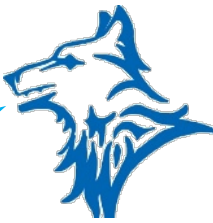
Life skill! Bin day and recycling!



"I listened to Call of the Wild podcast with Fearne Cotton."



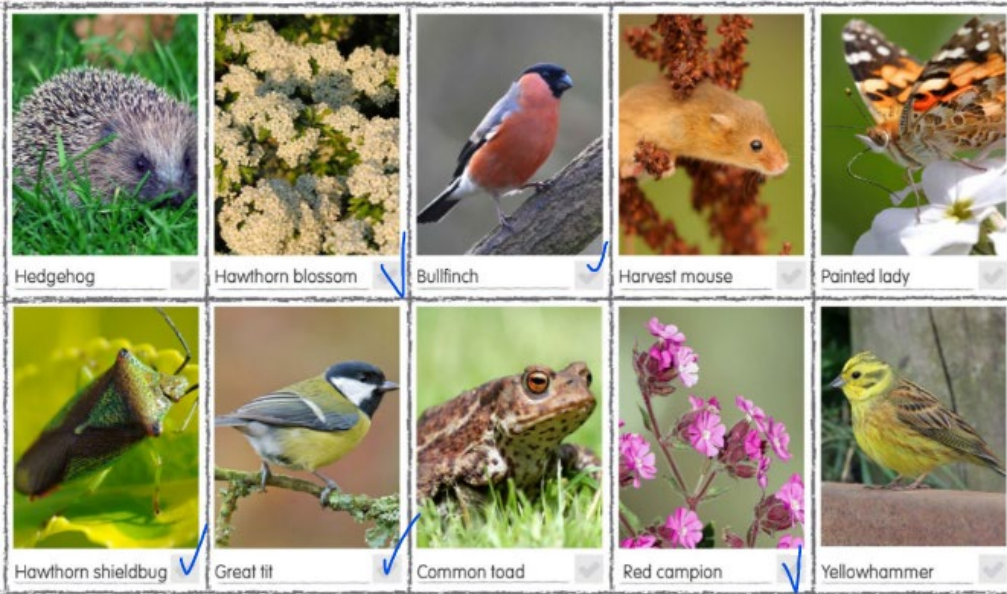
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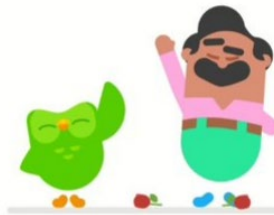
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Hedgerow wildlife detective



Lesson
complete!



XP EARNED

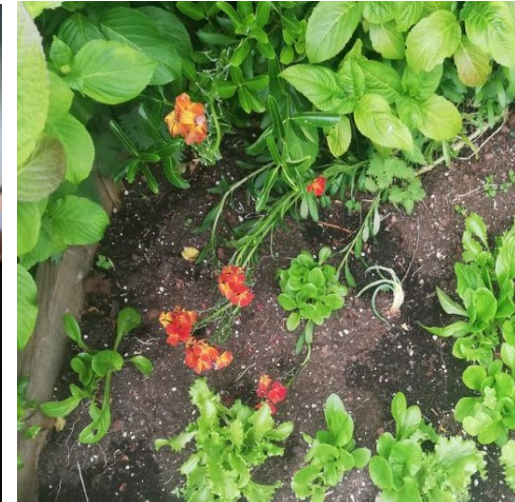
COMBO BONUS

21

SCORE

PERFECT!

100%



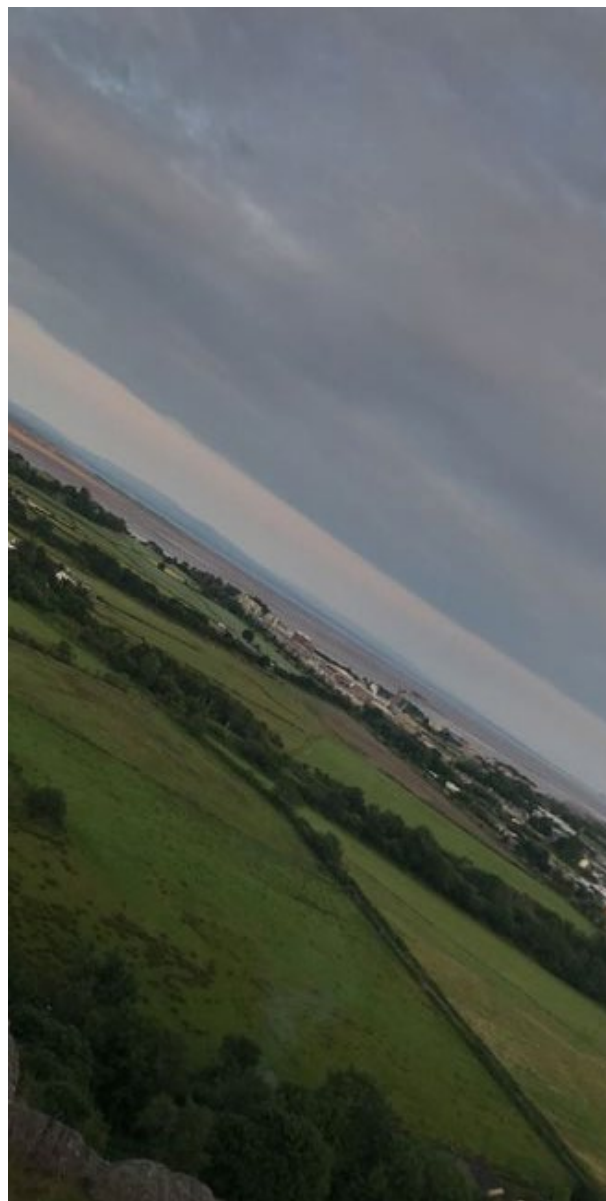
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"We went to a rescue centre there where 6 axolotls, 14 cats, 6 dogs and 4 small creatures like rabbits and hamsters. There were also turkeys. The dog in the photos is Narla; she is a Rhodesian Ridgeback and was used for breeding. She is 3 years old. The Rhodesian Ridgeback is a large-sized dog breed bred in the Southern Africa region. Its forebears can be traced to the semi-domesticated ridged hunting & guarding dogs of the Khoikhoi who were renowned for their heightened ferocity in both of their roles as hunters and guardians. The black dog is Dizzy she is a mixed dog breed. We were seeing if they would be nice to each other because we are thinking of adopting Narla. We also saw a male and female duck, female black bird, and a Robin. They also had goats there, but you can only sponsor them. We were in Lancaster."



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"I learnt a life skill. I did this because it is something I might do as a career. It has definitely inspired me to do more videography, photography and audio and video editing."

**Enrichment
Homepage:**

<https://www.uvhs.uk/ks3-learning-through-enrichment>