



Cumbria's Holiday Activity and Food Programme - South Lakeland

Book sessions in your area now!

- Visit cumbria.gov.uk/holidays to search the range of activities available.
- Bookings will work on a first-come-first served basis – and places are limited.
- Some activity providers offer transport. Visit cumbria.gov.uk/holidays for full details.
- Dates are liable to change, please contact the activity provider for more information.

Coach Gunn (QES Lunesdale Sports Centre)

Description: Multisport, fun games, craft, Christmas fun and a meal

Times: 8am-5pm

Age range: 5-12

Dates: 19th & 20th Dec

Booking information: Call 07912 178917 or email coachmarkgunn@gmail.com

Cowran Farms (Pennington, Ulverston)

Description: Outdoor fun with animals and a meal

Times: 10am-2pm

Age range: 8-16

Dates: 21st-23rd Dec

Booking information: Email education@cowranestate.com

Who is it for?

- The Holiday Activity Programme is aimed at all school-age children and young people (age 5 – 16).
- Places are FREE for young people who receive benefits-related Free School Meals and eligible children in particular circumstances. All children who attend will also be provided with a meal.
- Some places are exclusively for eligible young people, please contact the providing organisation for more information.
- Interested in any of the activities listed in this leaflet? Visit cumbria.gov.uk/holidays to book holiday activities now! Or use the booking information provided.
- The HAF email for enquiries: HAF@Cumbria.gov.uk

Endorphins (St Martin and Marys Church, Windermere)

Description: Fun filled festive activities for all abilities and a meal, with SEND provision

Times: 10am-2pm

Age range: 5-16

Dates: 21st, 22nd, 28th & 29th Dec

Booking information: Visit: www.endorphins.uk/events-page



Department
for Education

Activities on the next page

Available in South Lakeland

Full Circle Experiences (Nab Cottage, Rydal)

Description: Mindfulness with horses, woodland activities and a meal

Times: 10am-2pm

Age range: 5-11

Dates: 27th-30th Dec

Booking information: Visit: www.beyonk.com/uk/qiomhdmd/horses-for-courses

GLL Kendal Leisure Centre

Description: Multisport, arts, crafts and a meal

Times: 9am-2pm

Age range: 5-11

Dates: 21st-23rd Dec

Booking information: Visit: www.better.org.uk/what-we-offer/lessons-and-courses

GLL Ulverston Leisure Centre

Description: Water safety sessions and a meal

Times: 10am-12pm

Age range: 7+

Dates: 21st-23rd December

Booking information: Email: Caroline.smith@GLL.org

Kendal Rugby Club

Description: Rugby, winter craft and a meal

Times: 930am-130pm

Age range: 5-11

Dates: 21st & 22nd Dec

Booking information: Email: info@kendalrugbyclub.co.uk

Kendal Rugby Club (Remote Offer)

Description: Food hamper, crafting pack and access to online resources

Times: Contact Kendal Rugby Club

Age range: 5-11

Dates: 21st & 22nd Dec

Booking information: Email: info@kendalrugbyclub.co.uk

Kendal Snowsports

Description: Dry Ski slope Sessions and a meal

Times: 10am-1230pm or 1230pm-3pm

Age range: 7-16

Dates: 21st, 22nd & 29th December

Booking information: Email: kendalsnowsports.HAFCumbria@gmail.com

Kent Estuary Youth (St Thomas' Milnthorpe)

Description: Trip to Ascent Blackpool and a meal

Times: 1pm-7pm

Age range: 11-17

Dates: 22nd Dec

Booking information: Call emma 07960451542 or email emmabankskey@yahoo.co.uk

Kent Estuary Youth (St Thomas' Milnthorpe) (Remote Offer)

Description: Food hamper and activity pack

Times: Contact KEY

Age range: 11-17

Dates: 22nd Dec

Booking information: Call emma 07960451542 or email emmabankskey@yahoo.co.uk

Ragtag Arts (Mealbank Industrial Estate)

Description: Ceramic Clock Workshop & Festive Puppet Show and a meal

Times: 10am-3pm

Age range: 5-11

Dates: 21st & 22nd Dec

Booking information: Visit: www.ragtagarts.co.uk/whats-on

Ragtag Arts (Remote Offer)

Description: Food Hamper and Christmas craft pack

Times: Contact Ragtag

Age range: 5-11

Dates: Collection from 17th Dec

Booking information: Call 01539 232552

The Oaklea Trust, Kendal (Lads and Girls Club)

Description: Christmas creations, sport and a meal

Times: 10am-2pm

Age range: 5-16

Dates: 21st Dec

Booking information: Email: enquiries@oakleatrust.co.uk

Ford Park

Description: Art, creative activities with multisport and a meal

Times: 11am-330pm

Age range: 8-16

Dates: 19th – 22nd Dec

Booking information: Contact Ashleigh: ashleigh.wigley@ford-park.org.uk